

Provinciale kampioenschappen lange baan
Den Haag, 20- - 21-5-2023

Programmanr. 15
21-5-2023 - 11:30

Meisjes, 800m vrije slag

Junioren 4 en jonger
Resultaten

rang	naam	vereniging	intijd	tijd	RT
Junioren 1 en 2					
1.	Nina van der Schrier	AZC	10:05.51	201000444	10:08.99
	100m: 1:08.41	1:08.41 300m: 3:41.08	1:16.96 500m: 6:17.09	1:18.42 700m: 8:52.73	1:17.25
	200m: 2:24.12	1:15.71 400m: 4:58.67	1:17.59 600m: 7:35.48	1:18.39 800m: 10:08.99	1:16.26
2.	Erin de Jong	GZC DONK	10:30.78	201000024	10:16.14
	100m: 1:09.34	1:09.34 300m: 3:43.51	1:17.77 500m: 6:20.59	1:18.67 700m: 8:59.22	1:19.41
	200m: 2:25.74	1:16.40 400m: 5:01.92	1:18.41 600m: 7:39.81	1:19.22 800m: 10:16.14	1:16.92
3.	Nina Tetteroo	De Columbiaan	10:24.60	201000048	10:32.57
	100m: 1:12.68	1:12.68 300m: 3:51.58	1:19.99 500m: 6:33.39	1:20.42 700m: 9:15.33	1:20.68
	200m: 2:31.59	1:18.91 400m: 5:12.97	1:21.39 600m: 7:54.65	1:21.26 800m: 10:32.57	1:17.24
4.	Milou Filemon	ZZ&PC De Devel	10:43.02	201100078	10:42.14
	100m: 1:12.61	1:12.61 300m: 3:56.32	1:22.18 500m: 6:42.38	1:22.77 700m: 9:25.05	1:20.74
	200m: 2:34.14	1:21.53 400m: 5:19.61	1:23.29 600m: 8:04.31	1:21.93 800m: 10:42.14	1:17.09
5.	Julia Dąbrowska	Blue Marlins	10:34.07	201000300	10:47.37
	100m: 1:13.24	1:13.24 300m: 3:55.39	1:21.61 500m: 6:41.16	1:23.11 700m: 9:26.83	1:22.55
	200m: 2:33.78	1:20.54 400m: 5:18.05	1:22.66 600m: 8:04.28	1:23.12 800m: 10:47.37	1:20.54
6.	Rozalia Diederiks	ZVL-1886 Center	12:06.20	201100904	10:54.43
	100m: 1:16.68	1:16.68 300m: 4:05.64	1:25.29 500m: 6:54.97	1:24.56 700m: 9:38.93	1:21.62
	200m: 2:40.35	1:23.67 400m: 5:30.41	1:24.77 600m: 8:17.31	1:22.34 800m: 10:54.43	1:15.50
7.	Mariia Kostina	Blue Marlins	NT	201002042	10:56.53
	100m: 1:13.70	1:13.70 300m: 4:02.22	1:24.45 500m: 6:51.77	1:25.19 700m: 9:37.43	1:23.41
	200m: 2:37.77	1:24.07 400m: 5:26.58	1:24.36 600m: 8:14.02	1:22.25 800m: 10:56.53	1:19.10
8.	Tessa de Jong	GZC DONK	11:27.52	201000026	11:03.48
	100m: 1:17.57	1:17.57 300m: 4:07.65	1:25.15 500m: 6:55.45	1:24.08 700m: 9:40.76	1:22.76
	200m: 2:42.50	1:24.93 400m: 5:31.37	1:23.72 600m: 8:18.00	1:22.55 800m: 11:03.48	1:22.72
9.	Reina Böhm	De Columbiaan	10:58.10	201000042	11:21.87
	100m: 1:17.86	1:17.86 300m: 4:09.45	1:26.19 500m: 7:02.14	1:25.96 700m: 9:56.89	1:27.23
	200m: 2:43.26	1:25.40 400m: 5:36.18	1:26.73 600m: 8:29.66	1:27.52 800m: 11:21.87	1:24.98
10.	Ashley Mercera	SG SCOM/de Zeehond'73	10:55.89	201000178	11:30.34
	100m: 1:17.60	1:17.60 300m: 4:12.22	1:28.59 500m: 7:09.85	1:28.52 700m: 10:04.75	1:26.66
	200m: 2:43.63	1:26.03 400m: 5:41.33	1:29.11 600m: 8:38.09	1:28.24 800m: 11:30.34	1:25.59
11.	Ilse Stout	ACZ	11:13.38	201001704	11:40.40
	100m: 1:21.56	1:21.56 300m: 4:17.93	1:28.40 500m: 7:16.32	1:29.09 700m: 10:15.36	1:29.59
	200m: 2:49.53	1:27.97 400m: 5:47.23	1:29.30 600m: 8:45.77	1:29.45 800m: 11:40.40	1:25.04
12.	Vere van Klooster	AZC	11:53.75	201002128	11:51.35
	100m: 1:21.77	1:21.77 300m: 4:23.50	1:31.63 500m: 7:25.20	1:29.04 700m: 10:24.58	1:29.04
	200m: 2:51.87	1:30.10 400m: 5:56.16	1:32.66 600m: 8:55.54	1:30.34 800m: 11:51.35	1:26.77
13.	Sophie Hoogervorst	AZC	11:46.86	201100252	12:04.77
	100m: 1:24.82	1:24.82 300m: 4:26.27	1:32.44 500m: 7:28.00	1:32.84 700m: 10:36.53	1:34.43
	200m: 2:53.83	1:29.01 400m: 5:55.16	1:28.89 600m: 9:02.10	1:34.10 800m: 12:04.77	1:28.24
14.	Tess Liebrechts	GZC DONK	11:45.46	201000212	12:06.50
	100m: 1:23.55	1:23.55 300m: 4:25.73	1:31.14 500m: 7:30.50	1:32.38 700m: 10:39.01	1:34.19
	200m: 2:54.59	1:31.04 400m: 5:58.12	1:32.39 600m: 9:04.82	1:34.32 800m: 12:06.50	1:27.49
15.	Evy v. Nimwegen	z.c De Schotejil	12:02.41	201100168	12:30.13
	100m: 1:25.14	1:25.14 300m: 4:35.75	1:36.77 500m: 7:48.72	1:36.23 700m: 10:59.67	1:34.95
	200m: 2:58.98	1:33.84 400m: 6:12.49	1:36.74 600m: 9:24.72	1:36.00 800m: 12:30.13	1:30.46

Junioren 3 en 4

1.	Jade van der Schrier	AZC	9:15.40	200800692	9:28.77	+0.79
	100m: 1:05.53	1:05.53 300m: 3:29.19	1:12.02 500m: 5:54.27	1:13.07 700m: 8:19.02	1:11.61	
	200m: 2:17.17	1:11.64 400m: 4:41.20	1:12.01 600m: 7:07.41	1:13.14 800m: 9:28.77	1:09.75	
2.	Meyke v. Nimwegen	z.c De Schotejil	9:39.34	200800106	9:53.36	+0.84
	100m: 1:09.97	1:09.97 300m: 3:39.03	1:14.61 500m: 6:08.60	1:14.73 700m: 8:38.84	1:15.08	
	200m: 2:24.42	1:14.45 400m: 4:53.87	1:14.84 600m: 7:23.76	1:15.16 800m: 9:53.36	1:14.52	
3.	Ece Öngören <i>*BU eindtijd</i>	Blue Marlins	10:17.44	200903862	10:12.98	+0.75
	100m: 1:12.07	1:12.07 300m: 3:45.45	1:16.97 500m: 6:20.11	1:17.49 700m: 8:56.19	1:17.85	
	200m: 2:28.48	1:16.41 400m: 5:02.62	1:17.17 600m: 7:38.34	1:18.23 800m: 10:12.98	1:16.79	
4.	Grace Peters	Blue Marlins	10:08.29	200901474	10:27.82	+0.82
	100m: 1:11.51	1:11.51 300m: 3:49.36	1:19.60 500m: 6:29.53	1:20.15 700m: 9:08.21	1:18.49	
	200m: 2:29.76	1:18.25 400m: 5:09.38	1:20.02 600m: 7:49.72	1:20.19 800m: 10:27.82	1:19.61	
5.	Ilse Rozema	Blue Marlins	10:03.31	200803318	10:34.42	+0.70
	100m: 1:13.95	1:13.95 300m: 3:54.34	1:20.01 500m: 6:37.96	1:22.25 700m: 9:18.66	1:19.62	
	200m: 2:34.33	1:20.38 400m: 5:15.71	1:21.37 600m: 7:59.04	1:21.08 800m: 10:34.42	1:15.76	

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rang	naam	vereniging				intijd				tijd				RT	
6.	Zoë Rijkaart	AZC				11:04.59				200903008				11:01.15	+0.78
	100m:	1:16.26	1:16.26	300m:	4:05.98	1:24.52	500m:	6:54.06	1:24.99	700m:	9:42.13	1:23.19			
	200m:	2:41.46	1:25.20	400m:	5:29.07	1:23.09	600m:	8:18.94	1:24.88	800m:	11:01.15	1:19.02			
7.	Jorja Verschoor	AZC				11:13.71				200902640				11:06.95	+0.79
	100m:	1:14.49	1:14.49	300m:	3:59.94	1:23.56	500m:	6:51.80	1:26.84	700m:	9:44.22	1:25.93			
	200m:	2:36.38	1:21.89	400m:	5:24.96	1:25.02	600m:	8:18.29	1:26.49	800m:	11:06.95	1:22.73			
8.	Carice Forschelen	MNC Dordrecht				NT				200804338				11:40.58	+0.73
	100m:	1:19.67	1:19.67	300m:	4:15.17	1:28.24	500m:	7:14.30	1:29.75	700m:	10:13.02	1:29.26			
	200m:	2:46.93	1:27.26	400m:	5:44.55	1:29.38	600m:	8:43.76	1:29.46	800m:	11:40.58	1:27.56			