

ROM 3  
Leiden, 18-1-2026

Programmanr. 9  
18-1-2026 - 16:35

200m vlinderslag

20 - 89 jaar  
Resultaten

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
<b>Masters 20+, Heren</b>								
1. Mike van Huizen	SGHW (SG)	2:50.00 200300891	<b>2:54.89</b>	+0,88	34.10	1:17.62	2:06.54	2:54.89
<b>Masters 30+, Heren</b>								
1. Jordy van der Drift	ZVL-1886	2:54.21 199307345	<b>2:52.89</b>	+0,74	37.73	1:22.03	2:07.89	2:52.89
<b>Masters 45+, Heren</b>								
1. Oscar Monge	IJZ&PC	3:06.00 198102599	<b>3:05.85</b>	+0,73	39.29	1:27.56	2:16.19	3:05.85
2. Alexander S.	HHZV Plons	3:45.00 197902109	<b>3:29.43</b>	+0,75	46.03	1:40.18	2:34.99	3:29.43
<b>Masters 20+, Dames</b>								
1. Jessica Pol	Poseidon'56	3:01.06 200600030	<b>3:09.44</b>	+0,82	38.95	1:27.13	2:16.95	3:09.44
2. Esmeralda Elbers	SGHW (SG)	3:45.28 200404888	<b>3:49.90</b>	+1,03	48.77	1:46.78	2:48.94	3:49.90
<b>Masters 35+, Dames</b>								
NG Rianne Hofland	Sassenheim	2:49.06 198801820						
<b>Masters 40+, Dames</b>								
1. Danielle Reijnders	AquAmigos	2:40.00 198504234	<b>2:41.93</b>	+0,79	35.18	1:16.43	1:59.21	2:41.93
2. Roos van Esch	WVZ	2:38.00 198200468	<b>2:44.28</b>	+0,83	37.89	1:20.38	2:02.02	2:44.28
NG Ramona Linting	AZC	2:58.39 198301274						
<b>Masters 60+, Dames</b>								
1. Margriet G.	Triton	3:15.06 196200080	<b>3:17.38</b>	+0,91	42.68	1:32.43	2:24.11	3:17.38

Na afloop zijn de uitslagen te vinden op:  
[https://knzbwest.cfas.nl/RWOM2025-2026\\_3/](https://knzbwest.cfas.nl/RWOM2025-2026_3/)