

ROM 3
Leiden, 18-1-2026

Programmanr. 6
18-1-2026 - 15:35

200m schoolslag

20 - 89 jaar
Resultaten

rang naam	vereniging	intijd		tijd	RT	50m	100m	150m	200m
Masters 20+, Heren									
1. Pieter Nuijten	De Marlijn (SG)	3:05.00	200600043	2:57.24	+0,76	39.61	1:24.69	2:11.22	2:57.24
2. Michael Verschoor	De Biesboschzwemme	3:02.17	200600901	3:04.63	+0,76	43.52	1:30.83	2:18.02	3:04.63
Masters 30+, Heren									
1. Jose Horcas Nieto	ZVL-1886	2:43.94	199307445	2:46.92	+0,76	37.11	1:18.43	2:02.04	2:46.92
2. Jordy van der Drift	ZVL-1886	3:01.39	199307345	3:01.60	+0,69	40.51	1:25.42	2:13.03	3:01.60
Masters 35+, Heren									
1. Brian Stigter	ZVVS	3:20.97	199107865	3:23.12	+0,69	44.97	1:36.68	2:30.08	3:23.12
Masters 40+, Heren									
1. Ignacio G.	ACZ	2:58.78	198504015	2:59.06	+0,71	40.57	1:25.59	2:12.75	2:59.06
2. Hans Kiers	ZVL-1886	3:10.00	198302871	3:04.92	+0,80	41.82	1:28.31	2:16.97	3:04.92
3. Robert van Egmond	AZC	3:41.64	198202741	3:29.37	+0,83	44.00	1:37.76	2:34.34	3:29.37
Masters 55+, Heren									
1. Jordej Wijnbergen	GZC DONK	3:54.00	196901897	3:35.25	+0,84	47.75	1:41.82	2:38.07	3:35.25
2. Gertjan van der Vaart	ZVVS	3:32.81	196801529	3:40.16	+0,81	48.34	1:45.38	2:43.87	3:40.16
Masters 60+, Heren									
1. Jan Gert N.	ZCNF'34	2:45.00	196600557	2:43.98	+0,83	38.25	1:20.12	2:01.98	2:43.98
<i>Nederlands Masters Record</i>									
Masters 65+, Heren									
1. Jan Vlasblom	HHZV Plons	3:23.29	196100823	3:14.35	+1,06	43.93	1:33.39	2:24.46	3:14.35
2. Menno Lomans	PSV	3:17.44	196101071	3:19.34	+0,79	44.91	1:36.32	2:28.43	3:19.34
3. Ronald Grove	Triton	3:20.43	196100161	3:20.84	+0,81	45.37	1:37.81	2:31.20	3:20.84
4. Wim de Lange	AZC	3:22.04	195800533	3:22.66	+0,92	45.30	1:36.71	2:30.01	3:22.66
Masters 20+, Dames									
1. Marit van Krimpen	ZOB'66	NT	200403506	3:29.86	+0,96	44.31	1:36.19	2:32.38	3:29.86
Masters 25+, Dames									
1. Valerie Bakker	ZVL-1886	3:18.44	200103672	3:23.12	+0,79	46.07	1:37.62	2:30.45	3:23.12
Masters 30+, Dames									
1. Leonie van Noort	WVZ	2:55.00	199301752	2:49.73	+0,85	38.60	1:21.98	2:06.22	2:49.73
2. Mariska Gach	ZVL-1886	3:10.23	199501760	3:15.88	+0,76	45.46	1:35.08	2:25.38	3:15.88
3. Charlotte Verdell	ZPCH	3:50.23	199308036	3:46.70		51.24	1:49.34	2:48.50	3:46.70
Masters 40+, Dames									
1. Else de Rooij	MNC Dordrecht	3:52.62	198202560	3:48.65	+0,98	51.93	1:50.42	2:50.52	3:48.65
Masters 45+, Dames									
1. Anne-Marie V.	Old Dutch	3:15.54	198102300	3:10.05	+0,86	40.23	1:28.29	2:18.04	3:10.05
2. Chantal Verhoeff	Old Dutch	3:29.57	197900912	3:36.66	+0,84	48.78	1:42.70	2:38.71	3:36.66
AFGEM Jessica Venema	Old Dutch	3:27.14	197901526						

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https://knzbwest.cfas.nl/RWOM2025-2026_3/

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Masters 50+, Dames

1. Katharina Schlipp	AZL	3:09.46	197301004	3:12.07	+0,56	42.51	1:30.93	2:21.61	3:12.07
AFGEM Ilonka van der Meer	LinK-ZV Zoetermeer (S3:52.90	197601168							

Masters 55+, Dames

1. Roselinda v.	De Geul	3:55.00	196700710	4:18.51	+0,97	57.44	2:03.23	3:11.57	4:18.51
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