

ROM Masters 4  
Alphen aan de Rijn, 30-3-2025

Programmanr. 11  
30-3-2025 - 14:40

1500m vrije slag  
Serie 1 en 2 samen. Serie 3 en 4 samen.

20 - 94 jaar  
Resultaten

rang	naam	vereniging	intijd	tijd	RT
<b>Masters 20+, Heren</b>					
1.	Mike van Huizen	Hoeksche Waard (SGHW) (S20:33.63	200300891	<b>20:01.30</b>	
	100m: 1:10.62	1:10.62 500m:	900m:	1300m:	
	200m: 2:29.62	1:19.00 600m:	1000m:	1400m:	
	300m:	700m:	1100m:	1500m:	20:01.30
	400m: 5:11.57	800m: 10:44.76	1200m:		
2.	Jordi Leunisse	Hoeksche Waard (SGHW) (S21:00.00	200205147	<b>21:48.76</b>	
	100m: 1:16.41	1:16.41 500m:	900m:	1300m:	
	200m: 2:42.39	1:25.98 600m:	1000m:	1400m:	
	300m:	700m:	1100m:	1500m:	21:48.76
	400m: 5:39.54	800m: 11:33.08	1200m:		
3.	Max Grimberg	SPONS	23:00.00 200105623	<b>26:06.80</b>	
	100m: 1:30.27	1:30.27 500m:	900m:	1300m:	
	200m: 3:12.54	1:42.27 600m:	1000m:	1400m:	
	300m:	700m:	1100m:	1500m:	26:06.80
	400m: 6:42.13	800m: 13:48.97	1200m:		
<b>Masters 25+, Heren</b>					
1.	David Kievit	De Schotejil	18:37.70 199900325	<b>18:47.86</b>	
	100m: 1:06.17	1:06.17 500m:	900m:	1300m:	
	200m: 2:19.35	1:13.18 600m:	1000m:	1400m:	
	300m:	700m:	1100m:	1500m:	18:47.86
	400m: 4:51.32	800m: 9:57.11	1200m:		
2.	Tenzin Tieman	Old Dutch	17:45.41 200005549	<b>19:07.26</b>	
	100m: 1:06.95	1:06.95 500m:	900m:	1300m:	
	200m: 2:19.81	1:12.86 600m:	1000m:	1400m:	
	300m:	700m:	1100m:	1500m:	19:07.26
	400m: 4:49.55	800m: 9:59.46	1200m:		
3.	Nick Boekestijn	Westland Swimming Stars	19:24.99 199900291	<b>19:48.97</b>	
	100m: 1:12.58	1:12.58 500m:	900m:	1300m:	
	200m: 2:32.07	1:19.49 600m:	1000m:	1400m:	
	300m:	700m:	1100m:	1500m:	19:48.97
	400m: 5:10.63	800m: 10:29.90	1200m:		
4.	Patrick Wyrdean	Westland Swimming Stars	21:51.26 199702475	<b>20:57.77</b>	
	100m: 1:09.46	1:09.46 500m:	900m:	1300m:	
	200m: 2:25.34	1:15.88 600m:	1000m:	1400m:	
	300m:	700m:	1100m:	1500m:	20:57.77
	400m: 5:05.82	800m: 10:46.13	1200m:		
<b>Masters 30+, Heren</b>					
1.	Jeroen Matthijssen	AZC	20:06.00 199103751	<b>19:44.67</b>	
	100m: 1:08.08	1:08.08 500m:	900m:	1300m:	
	200m: 2:24.58	1:16.50 600m:	1000m:	1400m:	
	300m:	700m:	1100m:	1500m:	19:44.67
	400m: 5:02.23	800m: 10:23.70	1200m:		
2.	Jeffrey van 't Schip	AZC	20:10.00 199102035	<b>19:57.56</b>	
	100m: 1:11.57	1:11.57 500m:	900m:	1300m:	
	200m: 2:28.74	1:17.17 600m:	1000m:	1400m:	
	300m:	700m:	1100m:	1500m:	19:57.56
	400m: 5:09.00	800m: 10:36.42	1200m:		
<b>Masters 40+, Heren</b>					
1.	Dirk-Jan Peeren	AZC	25:00.00 198102607	<b>25:12.81</b>	
	100m: 1:25.87	1:25.87 500m:	900m:	1300m:	
	200m: 3:05.30	1:39.43 600m:	1000m:	1400m:	
	300m:	700m:	1100m:	1500m:	25:12.81
	400m: 6:32.13	800m: 13:17.78	1200m:		
2.	Robert van Egmond	AZC	25:00.00 198202741	<b>26:35.70</b>	
	100m: 1:29.34	1:29.34 500m:	900m:	1300m:	
	200m: 3:15.54	1:46.20 600m:	1000m:	1400m:	
	300m:	700m:	1100m:	1500m:	26:35.70
	400m: 6:50.65	800m: 14:01.68	1200m:		

Na afloop zijn de uitslagen te vinden op:  
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Masters 45+, Heren

1. Martijn Butter	OEZA	17:47.73	197900231	<b>17:47.37</b>
<i>Nederlands Masters Record.</i>				
100m: 1:07.83	1:07.83	500m:	900m:	1300m:
200m: 2:18.37	1:10.54	600m:	1000m:	1400m:
300m:		700m:	1100m:	1500m: 17:47.37
400m: 4:41.31		800m: 9:26.32	1200m:	
2. Mark Hensen	Niemo Barracuda	18:31.13	197900497	<b>18:41.90</b>
100m: 1:09.69	1:09.69	500m:	900m:	1300m:
200m: 2:24.63	1:14.94	600m:	1000m:	1400m:
300m:		700m:	1100m:	1500m: 18:41.90
400m: 4:55.30		800m: 9:56.14	1200m:	
NG Rene van Hoorn	ZVVS	20:21.19	197601747	

Masters 50+, Heren

1. Peter van der Zande	Old Dutch	28:00.00	197301621	<b>27:57.94</b>
100m: 1:44.72	1:44.72	500m:	900m:	1300m:
200m: 3:37.15	1:52.43	600m:	1000m:	1400m:
300m:		700m:	1100m:	1500m: 27:57.94
400m: 7:21.13		800m: 14:50.85	1200m:	

Masters 60+, Heren

1. Menno Lomans	PSV	21:57.74	196101071	<b>22:17.47</b>
100m: 1:20.21	1:20.21	500m:	900m:	1300m:
200m: 2:49.50	1:29.29	600m:	1000m:	1400m:
300m:		700m:	1100m:	1500m: 22:17.47
400m: 5:49.22		800m: 11:48.93	1200m:	
2. Ronald Grove	Triton	22:25.00	196100161	<b>23:23.31</b>
100m: 1:23.33	1:23.33	500m:	900m:	1300m:
200m: 2:54.59	1:31.26	600m:	1000m:	1400m:
300m:		700m:	1100m:	1500m: 23:23.31
400m: 5:59.09		800m: 12:16.57	1200m:	
NG Jano Hogebrug	De Watervogels	30:00.00	196401477	

Masters 65+, Heren

1. Paul Bunnik	Triton	22:57.57	195600413	<b>23:25.47</b>
100m: 1:22.81	1:22.81	500m:	900m:	1300m:
200m: 2:54.58	1:31.77	600m:	1000m:	1400m:
300m:		700m:	1100m:	1500m: 23:25.47
400m: 6:00.61		800m: 12:20.86	1200m:	
2. Wim de Lange	AZC	25:00.00	195800533	<b>24:16.80</b>
100m: 1:28.54	1:28.54	500m:	900m:	1300m:
200m: 3:03.60	1:35.06	600m:	1000m:	1400m:
300m:		700m:	1100m:	1500m: 24:16.80
400m: 6:13.29		800m: 12:42.13	1200m:	
3. André Pantekoek	PSV	32:00.00	195800321	<b>29:31.41</b>
100m: 1:45.54	1:45.54	500m:	900m:	1300m:
200m: 3:42.32	1:56.78	600m:	1000m:	1400m:
300m:		700m:	1100m:	1500m: 29:31.41
400m: 7:35.80		800m: 15:31.33	1200m:	

Masters 80+, Heren

1. Willem Putter	ZVVS	29:18.23	194500135	<b>27:59.16</b>
<i>Nederlands Masters Record.</i>				
100m: 1:42.54	1:42.54	500m:	900m:	1300m:
200m: 3:34.86	1:52.32	600m:	1000m:	1400m:
300m:		700m:	1100m:	1500m: 27:59.16
400m: 7:20.04		800m: 14:54.08	1200m:	
2. Geza Kaltenecker	AZC	29:18.23	194200065	<b>30:30.89</b>
100m: 1:53.22	1:53.22	500m:	900m:	1300m:
200m: 3:54.45	2:01.23	600m:	1000m:	1400m:
300m:		700m:	1100m:	1500m: 30:30.89
400m: 7:59.46		800m: 16:17.62	1200m:	

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Masters 25+, Dames

1. Jet Kleine	MSV-Zeemacht	20:22.24	199903384	<b>20:23.50</b>
100m: 1:12.96	1:12.96 500m:		900m:	1300m:
200m: 2:32.58	1:19.62 600m:		1000m:	1400m:
300m:	700m:		1100m:	1500m: 20:23.50
400m: 5:14.62	800m: 10:45.79		1200m:	
2. Mirelle de Kort	Neptunus'58	21:00.00	200005546	<b>21:07.97</b>
100m: 1:16.74	1:16.74 500m:		900m:	1300m:
200m: 2:39.52	1:22.78 600m:		1000m:	1400m:
300m:	700m:		1100m:	1500m: 21:07.97
400m: 5:28.23	800m: 11:10.47		1200m:	
3. Anouk van der Lans	Westland Swimming Stars	21:53.31	199801614	<b>23:34.50</b>
100m: 1:18.33	1:18.33 500m:		900m:	1300m:
200m: 2:47.49	1:29.16 600m:		1000m:	1400m:
300m:	700m:		1100m:	1500m: 23:34.50
400m: 5:53.51	800m: 12:16.92		1200m:	

Masters 40+, Dames

1. Stefanie Kohl	DES	22:30.00	198403596	<b>22:50.23</b>
100m: 1:22.14	1:22.14 500m:		900m:	1300m:
200m: 2:54.73	1:32.59 600m:		1000m:	1400m:
300m:	700m:		1100m:	1500m: 22:50.23
400m: 6:00.58	800m: 12:09.48		1200m:	

Masters 45+, Dames

1. Steffi Meinhold	DES	19:35.45	198001542	<b>19:35.64</b>
100m: 1:13.87	1:13.87 500m:		900m:	1300m:
200m: 2:33.02	1:19.15 600m:		1000m:	1400m:
300m:	700m:		1100m:	1500m: 19:35.64
400m: 5:12.42	800m: 10:26.26		1200m:	
2. Chantal Verhoeff	Old Dutch	21:54.00	197900912	<b>22:01.11</b>
100m: 1:20.57	1:20.57 500m:		900m:	1300m:
200m: 2:40.35	1:19.78 600m:		1000m:	1400m:
300m:	700m:		1100m:	1500m: 22:01.11
400m: 5:44.16	800m: 11:36.96		1200m:	
3. Jessica Venema	GZC DONK	21:54.60	197901526	<b>22:38.60</b>
100m: 1:17.66	1:17.66 500m:		900m:	1300m:
200m: 2:43.07	1:25.41 600m:		1000m:	1400m:
300m:	700m:		1100m:	1500m: 22:38.60
400m: 5:41.70	800m: 11:50.61		1200m:	
4. Louise Schets	DES	24:00.00	197901580	<b>23:42.41</b>
100m: 1:28.19	1:28.19 500m:		900m:	1300m:
200m: 3:05.95	1:37.76 600m:		1000m:	1400m:
300m:	700m:		1100m:	1500m: 23:42.41
400m: 6:17.55	800m: 12:38.15		1200m:	
5. Ilonka van der Meer	LinK	24:28.74	197601168	<b>25:07.67</b>
100m: 1:31.93	1:31.93 500m:		900m:	1300m:
200m: 3:11.14	1:39.21 600m:		1000m:	1400m:
300m:	700m:		1100m:	1500m: 25:07.67
400m: 6:34.19	800m: 13:20.56		1200m:	

Masters 50+, Dames

1. Carla Geurts	PSV	18:30.00	197100178	<b>18:55.30</b>
100m: 1:10.50	1:10.50 500m:		900m:	1300m:
200m: 2:25.61	1:15.11 600m:		1000m:	1400m:
300m:	700m:		1100m:	1500m: 18:55.30
400m: 4:57.01	800m: 10:01.53		1200m:	
2. Liselotte Joling	PSV	18:53.11	197500268	<b>19:37.84</b>
100m: 1:13.91	1:13.91 500m:		900m:	1300m:
200m: 2:32.28	1:18.37 600m:		1000m:	1400m:
300m:	700m:		1100m:	1500m: 19:37.84
400m: 5:07.54	800m: 10:24.56		1200m:	
3. Grith Sigsgaard	Zwemlust- den Hommel	19:04.39	197200772	<b>19:50.50</b>
100m: 1:13.08	1:13.08 500m:		900m:	1300m:
200m: 2:32.26	1:19.18 600m:		1000m:	1400m:
300m:	700m:		1100m:	1500m: 19:50.50
400m: 5:10.51	800m: 10:29.76		1200m:	

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Programmanr. 11, 1500m vrije slag

Masters 55+, Dames

DIS Bianca Groot MSV-Zeemacht 21:19.27 197000652  
*AF - De aangegeven afstand niet uitgezwommen.*

Masters 60+, Dames

1. Anita Steijger		WVZ		25:30.00	196500628	<b>24:17.17</b>
100m: 1:30.07	1:30.07	500m:		900m:		1300m:
200m: 3:04.85	1:34.78	600m:		1000m:		1400m:
300m:		700m:		1100m:		1500m: 24:17.17
400m: 6:17.70		800m: 12:48.51		1200m:		
2. Erica Muller		De Geul		27:10.95	196400412	<b>27:36.21</b>
100m: 1:40.74	1:40.74	500m:		900m:		1300m:
200m: 3:29.87	1:49.13	600m:		1000m:		1400m:
300m:		700m:		1100m:		1500m: 27:36.21
400m: 7:09.74		800m: 14:33.89		1200m:		

Masters 85+, Dames

1. Marie Smits		Old Dutch		36:29.82	193800004	<b>37:17.44</b>
100m: 2:10.19	2:10.19	500m:		900m:		1300m:
200m: 4:36.41	2:26.22	600m:		1000m:		1400m:
300m:		700m:		1100m:		1500m: 37:17.44
400m: 9:13.33		800m: 19:28.42		1200m:		

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