

ROM Masters 1
Zwijndrecht, 12-10-2024

Programmanr. 11
12-10-2024 - 15:45

800m vrije slag
SERIES SAMEN: 1 en 2; 3 en 4.

20 - 89 jaar
Resultaten

rang	naam	vereniging	intijd				tijd	RT
Masters 20+, Heren								
1.	Niels van der Mast	ZOB'66	10:06.36	200401917			9:43.09	
	50m: 30.78	100m: 1:05.51	200m: 2:17.31	400m: 4:45.15	800m: 9:43.09			
Masters 25+, Heren								
1.	Wesley van der Luit	Sassenheim	9:46.16	199701895			9:56.07	
	50m: 32.70	100m: 1:08.18	200m: 2:20.71	400m: 4:50.35	800m: 9:56.07			
2.	Nick Boekestijn	Westland Swimming Stars	10:12.76	199900291			10:20.11	
	50m: 33.19	100m: 1:10.76	200m: 2:28.40	400m: 5:06.30	800m: 10:20.11			
Masters 30+, Heren								
1.	Sybren Groenewegen	SGGO (SG)	9:52.15	199306223			9:59.40	
	50m: 33.41	100m: 1:09.30	200m: 2:23.22	400m: 4:54.54	800m: 9:59.40			
Masters 45+, Heren								
1.	Arjan Buijsse	Sassenheim	10:31.05	197901767			10:29.81	
	50m: 33.45	100m: 1:11.45	200m: 2:30.49	400m: 5:10.47	800m: 10:29.81			
2.	Rene Spaans	DES	11:30.00	197701807			11:00.35	
	50m: 37.43	100m: 1:18.93	200m: 2:43.10	400m: 5:31.14	800m: 11:00.35			
3.	Markus van Rest	WVZ	11:10.00	197701197			11:13.42	
	50m: 35.35	100m: 1:15.20	200m: 2:39.06	400m: 5:33.25	800m: 11:13.42			
4.	Alfonso Verkerk	Blue Marlins	12:14.28	197601665			12:36.88	
	50m: 40.52	100m: 1:28.55	200m: 3:05.28	400m: 6:19.03	800m: 12:36.88			
5.	Michael Go	AZC	14:15.00	197501397			12:52.62	
	50m: 39.17	100m: 1:23.53	200m: 2:59.41	400m: 6:19.46	800m: 12:52.62			
Masters 55+, Heren								
1.	Frank van Nobelen	Sassenheim	10:39.53	196900753			10:40.37	
	50m: 35.38	100m: 1:14.58	200m: 2:35.55	400m: 5:18.53	800m: 10:40.37			
NG	Leon Slingerland	WVZ	11:40.43	196801707				
Masters 60+, Heren								
1.	Pim Vogel	ZZ&PC De Devel	10:40.00	196000885			10:55.10	
	50m: 36.28	100m: 1:16.69	200m: 2:40.50	400m: 5:26.98	800m: 10:55.10			
2.	Jan Smalheer	SCOM	12:55.44	196400701			12:36.13	
	50m: 40.14	100m: 1:26.64	200m: 3:04.05	400m: 6:18.08	800m: 12:36.13			
Masters 65+, Heren								
1.	Lex Hoogendam	ZZ&PC De Devel	13:09.37	195700541			13:23.36	
	50m: 40.67	100m: 1:26.72	200m: 3:06.44	400m: 6:31.33	800m: 13:23.36			
2.	André Pantekoek	PSV	17:11.00	195800321			15:10.82	
	50m: 45.88	100m: 1:39.60	200m: 3:33.60	400m: 7:27.51	800m: 15:10.82			
Masters 25+, Dames								
1.	Cynthia van Veen	ZVL-1886	12:35.08	199606736			13:02.59	
	50m: 39.07	100m: 1:25.13	200m: 3:02.79	400m: 6:22.56	800m: 13:02.59			

Na afloop zijn de uitslagen te vinden op:
https://knzbwest.cfas.nl/RWOM2024-2025_1/

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Masters 30+, Dames

1.	Lotte Coenen	DES	10:35.54	199301518	10:09.87
	50m: 33.71	100m: 1:10.27	200m: 2:26.06	400m: 5:00.50	800m: 10:09.87

Masters 40+, Dames

1.	Linda Hoogendam	WVZ	11:47.89	198300892	12:10.96
	50m: 39.21	100m: 1:24.33	200m: 2:56.21	400m: 6:03.52	800m: 12:10.96
2.	Stefanie Kohl	DES	12:05.00	198403596	12:27.93
	50m: 39.76	100m: 1:24.32	200m: 2:58.09	400m: 6:07.95	800m: 12:27.93
3.	Marta Nyczkowska	De Watervogels	16:00.00	198302974	13:49.87
	50m: 39.33	100m: 1:27.56	200m: 3:13.17	400m: 6:44.40	800m: 13:49.87
4.	Else de Rooij	MNC Dordrecht	14:11.92	198202560	14:28.76
	50m: 47.19	100m: 1:38.69	200m: 3:26.22	400m: 7:11.07	800m: 14:28.76

Masters 45+, Dames

1.	Chantal Verhoeff	Old Dutch	11:24.61	197900912	11:20.80
	50m: 37.40	100m: 1:19.09	200m: 2:46.10	400m: 5:39.72	800m: 11:20.80
2.	Jessica Venema	GZC DONK	11:25.78	197901526	11:55.40
	50m: 37.48	100m: 1:19.10	200m: 2:45.46	400m: 5:45.71	800m: 11:55.40
3.	Louise Schets	DES	12:10.00	197901580	12:17.18
	50m: 41.35	100m: 1:28.24	200m: 3:03.60	400m: 6:10.81	800m: 12:17.18
4.	Ilonka van der Meer	LinK	13:21.41	197601168	13:09.45
	50m: 43.47	100m: 1:31.76	200m: 3:11.89	400m: 6:33.78	800m: 13:09.45

Masters 50+, Dames

1.	Bianca Groot	MSV-Zeemacht	10:53.26	197000652	10:57.72
	50m: 37.71	100m: 1:18.94	200m: 2:42.46	400m: 5:27.81	800m: 10:57.72

Masters 55+, Dames

1.	K. van Nassau-van den Heuvel	Old Dutch	12:41.55	196600188	12:45.83
	50m: 42.17	100m: 1:29.08	200m: 3:05.15	400m: 6:19.33	800m: 12:45.83
2.	Kristien Van de Moortel	ShaRK	13:23.63	ShaRK/20315/69	13:32.74
	50m: 46.24	100m: 1:37.31	200m: 3:19.48	400m: 6:44.75	800m: 13:32.74
3.	Hetty Smalheer	SCOM	14:04.77	196700352	13:55.13
	50m: 46.71	100m: 1:38.05	200m: 3:22.93	400m: 6:54.89	800m: 13:55.13

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