

ROM 4  
Gouda, 24-3-2024

Programmanr. 6  
24-3-2024 - 14:20

100m rugslag

20 - 89 jaar  
Resultaten

rang	naam	vereniging	intijd		tijd	RT	50m	100m
<b>Masters 20+, Heren</b>								
1.	Jasper Breugem	WVZ	1:00.92	200000303	<b>1:03.06</b>		30.99	32.07
2.	Tygo Korving	ZOB'66	1:09.00	200300773	<b>1:07.62</b>		32.09	35.53
3.	Jim van Vliet	SCOM	1:21.19	200004265	<b>1:16.92</b>		36.48	40.44
<b>Masters 25+, Heren</b>								
1.	Ian van Mullem	ZOB'66	1:07.54	199602545	<b>1:09.51</b>		33.26	36.25
2.	Thijs van Dam	ZVL-1886	1:20.00	199803311	<b>1:22.32</b>		39.33	42.99
3.	Dylan Goethart	ZZ&PC De Devel	1:28.63	199605217	S14 <b>1:32.57</b>	274	46.05	46.52
<b>Masters 40+, Heren</b>								
1.	Nol van Thull	ZOB'66	1:04.59	198001513	<b>1:03.70</b>		31.35	32.35
2.	W. Camargo	ZZ&PC De Devel	1:13.00	198002547	<b>1:13.77</b>		35.48	38.29
3.	Tjeerd Visser	ACZ	1:11.00	198001631	<b>1:15.24</b>		36.99	38.25
<b>Masters 45+, Heren</b>								
1.	Dennis Dortland	NieMo Barracuda	1:14.63	197800261	<b>1:15.08</b>		36.79	38.29
2.	Steven Prins	HHZV PLONS	1:19.62	197901833	<b>1:22.63</b>		40.62	42.01
3.	Ingmar Kooman	ZVL-1886	1:30.00	197901517	<b>1:31.36</b>		44.48	46.88
<b>Masters 50+, Heren</b>								
1.	Erwin Veenhoven	ZVL-1886	1:30.00	197101793	<b>1:26.69</b>		41.91	44.78
2.	Jeroen Hoeksel	ZVVS	1:31.80	197401533	<b>1:32.52</b>		45.07	47.45
<b>Masters 55+, Heren</b>								
1.	Frank van Nobelen	ZV Sassenheim	1:14.70	196900753	<b>1:17.05</b>		37.79	39.26
2.	Erik Saan	De Duck	1:23.88	196500769	<b>1:24.80</b>		40.52	44.28
<b>Masters 60+, Heren</b>								
1.	Arthur van Strien	WVZ	1:22.19	196301401	<b>1:19.71</b>		39.76	39.95
2.	Hans Vloedgraven	Old Dutch	1:25.12	196400917	<b>1:20.57</b>		39.92	40.65
<b>Masters 65+, Heren</b>								
1.	Otto Zeijpveld	De Berkelduikers	1:30.00	195800497	<b>1:29.03</b>		43.78	45.25
2.	André Pantekoek	PSV	1:46.32	195800321	<b>1:42.51</b>		50.54	51.97
<b>Masters 85+, Heren</b>								
1.	Nic Geers	PSV	2:10.82	193800007	<b>2:05.38</b>		1:01.49	1:03.89
<b>Masters 20+, Dames</b>								
1.	Valerie Bakker	ZVL-1886	1:21.39	200103672	<b>1:22.20</b>		39.31	42.89
<b>Masters 25+, Dames</b>								
1.	Anouk van der Lans	Westland Swimming Stars	1:18.10	199801614	<b>1:17.09</b>		37.57	39.52
<b>Masters 35+, Dames</b>								
1.	Rianne Hofland	ZV Sassenheim	1:12.74	198801820	<b>1:13.92</b>		36.61	37.31
2.	C. Venema-Koeken	De Watervogels	1:48.57	198504274	<b>1:40.54</b>		48.84	51.70

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Masters 40+, Dames

1.	Steffi Krul- Meinhold	D'elft	1:18.56	198001542	<b>1:17.84</b>	37.44	40.40
2.	Esther Versteeg	ZZ&PC De Devel	1:22.00	198302112	<b>1:17.94</b>	37.95	39.99

Masters 45+, Dames

1.	Petra Guijt	Aqua-Novio '94	1:33.02	197600978	<b>1:27.16</b>	43.44	43.72
2.	C. van Bruxvoort	Feijenoord Albion Zwemclt	1:38.78	197700138	<b>1:40.88</b>	49.11	51.77

Masters 50+, Dames

1.	Trudie van Niejenhuis	TZC Vahalis	1:22.32	197100444	<b>1:24.26</b>	41.26	43.00
2.	Y. van Nobelen - Kampsc	ZV Sassenheim	1:29.13	197200316	<b>1:27.99</b>	43.24	44.75
3.	Nathasja Konijn	GZC DONK	1:33.63	197100992	<b>1:34.36</b>	46.02	48.34

Masters 55+, Dames

1.	Anita Steijger	WVZ	1:31.26	196500628	<b>1:32.06</b>	45.57	46.49
2.	K. van Nassau-van den H	Old Dutch	1:35.87	196600188	<b>1:38.65</b>	48.43	50.22

Masters 60+, Dames

1.	Inge Wolfs	HHZV PLONS	1:47.00	196000304	<b>1:37.46</b>	47.71	49.75
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Masters 70+, Dames

1.	Tineke van Diggelen	ZPCH	1:57.00	195200048	<b>1:55.82</b>	57.07	58.75
2.	Geerdien Meerwaldt	De Geul	2:09.55	195200058	<b>2:12.69</b>	1:05.53	1:07.16
3.	N. van Dongen-de Paepe	ZZ&PC De Devel	2:23.59	195100044	<b>2:31.12</b>	1:12.71	1:18.41