

ROM 2
Zwijndrecht, 16-12-2023

Programmanr. 11
16-12-2023 - 16:20

800m vrije slag

20 - 89 jaar
Resultaten

rang	naam	vereniging	intijd	tijd	RT
Masters 20+, Heren					
1.	Tenzin Tieman	Old Dutch	9:28.25	200005549	9:32.86
	100m: 1:06.05	1:06.05 300m:	500m:	700m:	700m:
	200m: 2:17.09	1:11.04 400m: 4:42.31	600m:	800m: 9:32.86	
Masters 25+, Heren					
1.	Jordy van Oel	WVZ	9:23.41	199802003	9:26.95
	100m: 1:04.34	1:04.34 300m:	500m:	700m:	700m:
	200m: 2:15.68	1:11.34 400m: 4:39.48	600m:	800m: 9:26.95	
2.	Wesley van der Luit	Sassenheim	9:51.30	199701895	9:46.16
	100m: 1:08.91	1:08.91 300m:	500m:	700m:	700m:
	200m: 2:22.41	1:13.50 400m: 4:52.53	600m:	800m: 9:46.16	
3.	Patrick Wyrdean	Westland Swimming Stars	10:36.95	199702475	10:12.79
	100m: 1:10.29	1:10.29 300m:	500m:	700m:	700m:
	200m: 2:25.42	1:15.13 400m: 4:59.40	600m:	800m: 10:12.79	
4.	Erik Baalbergen	ZVL-1886	11:02.76	199805775	10:28.79
	100m: 1:08.91	1:08.91 300m:	500m:	700m:	700m:
	200m: 2:25.49	1:13.50 400m: 5:06.40	600m:	800m: 10:28.79	
Masters 30+, Heren					
1.	Sybren Groenewegen	De Schotejil	9:41.03	199306223	9:52.15
	100m: 1:09.54	1:09.54 300m:	500m:	700m:	700m:
	200m: 2:24.38	1:14.84 400m: 4:56.37	600m:	800m: 9:52.15	
2.	Jeroen Matthijssen	AZC	10:30.00	199103751	10:26.54
	100m: 1:08.59	1:08.59 300m:	500m:	700m:	700m:
	200m: 2:23.72	1:15.13 400m: 5:01.84	600m:	800m: 10:26.54	
3.	Marc Hoogendam	Blue Marlins	10:39.82	199007713	10:36.19
	100m: 1:10.88	1:10.88 300m:	500m:	700m:	700m:
	200m: 2:28.12	1:17.24 400m: 5:10.08	600m:	800m: 10:36.19	
4.	Jeroen Keizer	De Watervogels	11:45.00	199005097	11:50.99
	100m: 1:18.85	1:18.85 300m:	500m:	700m:	700m:
	200m: 2:46.60	1:27.75 400m: 5:46.31	600m:	800m: 11:50.99	
Masters 35+, Heren					
1.	Niels Albrechts	De Schotejil	9:40.78	198800039	9:38.38
	100m: 1:08.48	1:08.48 300m:	500m:	700m:	700m:
	200m: 2:21.01	1:12.53 400m: 4:48.29	600m:	800m: 9:38.38	
Masters 40+, Heren					
1.	Frank v.d. Voordt	De Schotejil	9:38.34	198302259	9:43.76
	100m: 1:08.31	1:08.31 300m:	500m:	700m:	700m:
	200m: 2:22.27	1:13.96 400m: 4:50.96	600m:	800m: 9:43.76	
Masters 45+, Heren					
1.	Yuri Admiraal	ZPC Numansdorp	10:16.29	197701655	10:16.43
	100m: 1:10.49	1:10.49 300m:	500m:	700m:	700m:
	200m: 2:27.46	1:16.97 400m: 5:04.11	600m:	800m: 10:16.43	
Masters 50+, Heren					
1.	Ingmar de Gelder	ZOB'66	10:30.42	197000333	10:21.13
	100m: 1:11.45	1:11.45 300m:	500m:	700m:	700m:
	200m: 2:29.95	1:18.50 400m: 5:09.80	600m:	800m: 10:21.13	
2.	Frank van Nobelen	Sassenheim	10:33.73	196900753	10:39.53
	100m: 1:13.63	1:13.63 300m:	500m:	700m:	700m:
	200m: 2:33.88	1:20.25 400m: 5:16.81	600m:	800m: 10:39.53	

Na afloop zijn de uitslagen te vinden op:
https://knzbwest.cfas.nl/RWOM2023-2024_2/

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Programmanr. 11, Heren, 800m vrije slag, Masters 50+

rang	naam	vereniging	intijd	tijd	RT
3.	Wouter van der Stelt	De Biesboschzweimmers	11:44.38	197200889	11:51.33
	100m: 1:19.09	1:19.09 300m:		500m:	700m:
	200m: 2:47.42	1:28.33 400m: 5:47.74		600m:	800m: 11:51.33
4.	Jeff van Loon	De Geul	13:00.00	197001687 S7	13:10.58 453
	100m: 1:33.38	1:33.38 300m:		500m:	700m:
	200m: 3:12.03	1:38.65 400m: 6:32.17		600m:	800m: 13:10.58
5.	Henry Dol	ACZ	15:00.00	197001517	14:34.99
	100m: 1:34.54	1:34.54 300m:		500m:	700m:
	200m: 3:26.51	1:51.97 400m: 7:13.38		600m:	800m: 14:34.99
NG	Erwin Snip	ESCA Zwemmen	13:00.00	197001555	

Masters 55+, Heren

1.	Nico Paasse	De Schotejil	10:34.05	196501463	10:47.03
	100m: 1:13.84	1:13.84 300m:		500m:	700m:
	200m: 2:36.24	1:22.40 400m: 5:21.50		600m:	800m: 10:47.03
2.	Maarten-Jan Wilschut	ZZ&PC De Devel	15:00.00	196701807	14:15.84
	100m: 1:38.16	1:38.16 300m:		500m:	700m:
	200m: 3:26.02	1:47.86 400m: 7:07.48		600m:	800m: 14:15.84
3.	Jano Hogebrug	De Watervogels	15:00.00	196401477	15:27.53
	100m: 1:47.57	1:47.57 300m:		500m:	700m:
	200m: 3:46.25	1:58.68 400m: 7:46.23		600m:	800m: 15:27.53

Masters 60+, Heren

1.	Menno Lomans	PSV	11:36.67	196101071	11:20.42
	100m: 1:18.41	1:18.41 300m:		500m:	700m:
	200m: 2:44.99	1:26.58 400m: 5:39.56		600m:	800m: 11:20.42
2.	Adriaan Kop	Old Dutch	12:33.65	196101135	12:32.48
	100m: 1:25.08	1:25.08 300m:		500m:	700m:
	200m: 2:59.95	1:34.87 400m: 6:14.23		600m:	800m: 12:32.48
3.	Richard Tiemstra	De Biesboschzweimmers	13:09.94	196301397	12:33.07
	100m: 1:26.83	1:26.83 300m:		500m:	700m:
	200m: 3:01.22	1:34.39 400m: 6:13.88		600m:	800m: 12:33.07

Masters 65+, Heren

1.	Lex Hoogendam	ZZ&PC De Devel	13:13.93	195700541	13:09.37
	100m: 1:25.63	1:25.63 300m:		500m:	700m:
	200m: 3:03.50	1:37.87 400m: 6:25.13		600m:	800m: 13:09.37
2.	Peter Coffeng	GZC DONK	14:11.31	195700063	14:23.14
	100m: 1:32.45	1:32.45 300m:		500m:	700m:
	200m: 3:18.33	1:45.88 400m: 6:59.26		600m:	800m: 14:23.14
DIS	André Pantekoek	PSV	15:22.00	195800321	
	<i>AF - De aangegeven afstand niet uitgezwommen.</i>				

Masters 80+, Heren

1.	Geza Kaltenecker	AZC	15:23.22	194200065	15:34.06
	100m: 1:51.04	1:51.04 300m:		500m:	700m:
	200m: 3:48.90	1:57.86 400m: 7:45.81		600m:	800m: 15:34.06

Masters 20+, Dames

1.	Valerie Bakker	ZVL-1886	12:08.25	200103672	11:51.57
	100m: 1:17.78	1:17.78 300m:		500m:	700m:
	200m: 2:45.92	1:28.14 400m: 5:48.59		600m:	800m: 11:51.57
NG	Zofia Syrczynska	Blue Marlins	11:30.00	200305818	

Masters 25+, Dames

1.	Cynthia van Veen	ZVL-1886	13:18.56	199606736	13:01.05
	100m: 1:24.33	1:24.33 300m:		500m:	700m:
	200m: 2:59.22	1:34.89 400m: 6:17.39		600m:	800m: 13:01.05

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Masters 30+, Dames

1. Leonie van Noort	WVZ	9:16.42	199301752	9:32.02
100m: 1:05.88	1:05.88	300m:	500m:	700m:
200m: 2:16.71	1:10.83	400m: 4:41.46	600m:	800m: 9:32.02
2. Lisa Klatten	WVZ	10:50.00	199203628	11:07.19
100m: 1:12.99	1:12.99	300m:	500m:	700m:
200m: 2:35.76	1:22.77	400m: 5:26.73	600m:	800m: 11:07.19
3. Nienke de Koning	MNC Dordrecht	15:00.00	199208058	15:03.83
100m: 1:44.50	1:44.50	300m:	500m:	700m:
200m: 3:38.00	1:53.50	400m: 7:29.05	600m:	800m: 15:03.83

Masters 35+, Dames

1. Lisette van den Bos	De Geul	13:09.60	198700468	12:56.83
100m: 1:27.17	1:27.17	300m:	500m:	700m:
200m: 3:03.05	1:35.88	400m: 6:18.13	600m:	800m: 12:56.83

Masters 40+, Dames

1. Steffi Meinhold	d'ELFT	10:55.75	198001542	10:26.87
100m: 1:13.11	1:13.11	300m:	500m:	700m:
200m: 2:31.86	1:18.75	400m: 5:10.88	600m:	800m: 10:26.87
2. Jessica Venema	GZC DONK	11:25.78	197901526	11:40.64
100m: 1:19.81	1:19.81	300m:	500m:	700m:
200m: 2:45.89	1:26.08	400m: 5:43.55	600m:	800m: 11:40.64
3. Else de Rooij	MNC Dordrecht	15:00.00	198202560	14:11.92
100m: 1:40.20	1:40.20	300m:	500m:	700m:
200m: 3:28.29	1:48.09	400m: 7:05.86	600m:	800m: 14:11.92

Masters 45+, Dames

1. Liselotte Joling	PSV	10:00.35	197500268	10:02.31
100m: 1:11.26	1:11.26	300m:	500m:	700m:
200m: 2:26.81	1:15.55	400m: 4:58.56	600m:	800m: 10:02.31
2. Ilonka van der Meer	LinK	13:34.56	197601168	13:28.05
100m: 1:34.94	1:34.94	300m:	500m:	700m:
200m: 3:17.95	1:43.01	400m: 6:45.01	600m:	800m: 13:28.05

Masters 50+, Dames

1. Trudie van Niejenhuis	TZC Vahalis	12:08.43	197100444	12:15.41
100m: 1:25.69	1:25.69	300m:	500m:	700m:
200m: 2:59.28	1:33.59	400m: 6:08.63	600m:	800m: 12:15.41
2. Annet Kootstra	SWOL 1894	13:16.54	197100344	12:57.50
100m: 1:28.79	1:28.79	300m:	500m:	700m:
200m: 3:04.53	1:35.74	400m: 6:21.93	600m:	800m: 12:57.50
3. Annette Spies	LinK	13:31.51	197001110	13:21.41
100m: 1:31.15	1:31.15	300m:	500m:	700m:
200m: 3:11.45	1:40.30	400m: 6:36.25	600m:	800m: 13:21.41
4. Kristien Van de Moortel	Shark	13:23.63	ShaRK/20315/69	13:31.84
100m: 1:36.92	1:36.92	300m:	500m:	700m:
200m: 3:18.63	1:41.71	400m: 6:42.16	600m:	800m: 13:31.84

Masters 55+, Dames

1. K. van Nassau-van den Heuv	Old Dutch	12:26.08	196600188	12:48.96
100m: 1:28.25	1:28.25	300m:	500m:	700m:
200m: 3:04.16	1:35.91	400m: 6:16.75	600m:	800m: 12:48.96

Masters 60+, Dames

1. Lia Bijkerk	GZC DONK	15:19.81	196000014	14:22.55
100m: 1:39.93	1:39.93	300m:	500m:	700m:
200m: 3:28.67	1:48.74	400m: 7:07.08	600m:	800m: 14:22.55
2. Annemarie Straetemans	De Geul	15:50.36	196300508	15:55.51
100m: 1:51.83	1:51.83	300m:	500m:	700m:
200m: 3:51.81	1:59.98	400m: 7:50.26	600m:	800m: 15:55.51

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Masters 85+, Dames

1. Marie Smits		Old Dutch		17:47.07	193800004	18:43.93
100m:	2:11.20	2:11.20	300m:		500m:	700m:
200m:	4:32.93	2:21.73	400m:	9:19.66	600m:	800m: 18:43.93

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