

KNZB Regio-West Masters  
Zwijndrecht, 8-4-2023

Programmanr. 4  
8-4-2023 - 16:15

200m vrije slag

20 - 89 jaar  
Resultaten

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
<b>Masters 20+, Heren</b>								
1. Bob Hogendoorn	DWF	2:22.27	199903089	<b>2:17.73</b>	29.27	35.46		
<b>Masters 25+, Heren</b>								
1. John Smit	Poseidon'56	2:19.78	199500613	<b>2:08.86</b>	30.35	33.62		
2. Boudewijn Mol	Blue Marlins	2:20.00	199702183	<b>2:13.31</b>	29.16	33.20		
3. Yael Althuis	WVZ	2:40.00	199506275	<b>2:43.41</b>	33.65	40.67		
<b>Masters 30+, Heren</b>								
1. Jeroen Matthijssen	AZC	2:10.00	199103751	<b>2:13.58</b>	28.02	33.32		
2. Marc Hoogendam	Blue Marlins	2:19.20	199007713	<b>2:13.64</b>	28.47	33.09		
<b>Masters 40+, Heren</b>								
1. Heijmen van Vliet	Wiekslag	2:09.98	198001637	<b>2:11.69</b>	30.90	33.63		
2. Rob van Wanrooy	Feijenoord Albion Zwen	2:14.60	198202627	<b>2:19.66</b>	31.02	34.88		
3. Ingmar Kooman	ZVL-1886 Center	2:40.20	197901517	<b>2:40.96</b>	35.87	41.69		
<b>Masters 45+, Heren</b>								
1. Simon Voorhoeve	DES	2:56.12	197801969	<b>2:51.48</b>	37.22	42.42		
2. Leon Erkelens	Blue Marlins	2:56.95	197401539	<b>2:54.93</b>	36.56	42.97		
<b>Masters 50+, Heren</b>								
1. Alberto Randazzo	DES	2:50.00	197101757	<b>2:52.16</b>	37.70	43.42		
NG Ingmar de Gelder	ZOB'66	2:24.65	197000333					
<b>Masters 60+, Heren</b>								
1. Richard Broer	HHZV Plons	2:38.00	195900077	<b>2:44.94</b>	35.72	41.03		
<b>Masters 65+, Heren</b>								
1. André Pantekoek	PSV	3:13.00	195800321	<b>3:07.33</b>	42.83	48.61		
<b>Masters 70+, Heren</b>								
1. Pieter Husslage	Old Dutch	3:12.32	195300091	<b>3:10.16</b>	42.80	49.42		
<b>Masters 85+, Heren</b>								
1. Nic Geers	PSV	3:56.68	193800007	<b>4:04.38</b>	56.34	1:04.42		
<b>Masters 20+, Dames</b>								
1. Lara Idsinga	ZZ&PC De Devel	2:24.33	200200678	<b>2:27.72</b>	33.39	38.20		
2. Berinda van Dijk	Blue Marlins	2:40.83	200104186	<b>2:36.34</b>	33.70	38.50		
3. Sophie van der Leije	SGGO (SG)	2:36.01	200005806	<b>2:41.12</b>	36.14	40.62		
<b>Masters 25+, Dames</b>								
1. Roxanne van Bavel	Poseidon'56	2:43.61	199407378	<b>2:51.07</b>	37.96	44.07		
<b>Masters 30+, Dames</b>								
1. Suzan Blankestijn	ZVL-1886 Center	2:41.32	198900350	<b>2:28.22</b>	33.97	37.69		
2. Whitley Rens	SGGO (SG)	2:31.98	199007520	<b>2:32.83</b>	35.11	38.94		
3. Adela Vázquez García	ZVL-1886 Center	2:42.75	199307952	<b>2:40.94</b>	35.13	40.48		
4. Anne de Jong	DES	NT	199308016	<b>2:51.69</b>	37.90	42.82		

Uitslagen zijn te vinden via: [https://knzbwest.cfas.nl/RWOM2022-2023\\_5/](https://knzbwest.cfas.nl/RWOM2022-2023_5/)

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Masters 40+, Dames

1. A. Verschoor-Vos	De Biesboschzwemme	2:37.34	198102300	<b>2:29.37</b>	33.44	38.27
2. Patricia Brooijmans	Old Dutch	2:35.00	197901608	<b>2:40.21</b>	35.99	40.11

Masters 45+, Dames

1. Liselotte Joling	PSV	2:21.34	197500268	<b>2:20.77</b>	32.34	36.29
2. Katinka van Dongen	ZZ&PC De Devel	2:29.37	197700190	<b>2:28.95</b>	33.96	38.51
3. Marian Nederlof	De Geul	2:45.00	197600950	<b>2:45.82</b>	37.50	42.74

Masters 50+, Dames

1. Sylvia Tetteroo	IJZ&PC	4:12.86	197300476	<b>4:13.95</b>	54.51	1:05.80
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Masters 60+, Dames

1. P. Tossings-van de Hoo	GZC DONK	2:50.78	196100376	<b>2:42.97</b>	36.83	41.25
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Masters 70+, Dames

1. Geerdien Meerwaldt	De Geul	4:22.12	195200058	<b>4:14.32</b>	57.81	1:04.22
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