

ROM 3  
Leiden, 15-1-2023

Programmanr. 8  
15-1-2023 - 15:05

100m vrije slag

20 - 89 jaar  
Resultaten

| rang                      | naam                  | vereniging                 | intijd  | tijd      | RT             | 50m   | 100m  |
|---------------------------|-----------------------|----------------------------|---------|-----------|----------------|-------|-------|
| <b>Masters 25+, Heren</b> |                       |                            |         |           |                |       |       |
| 1.                        | Pascal Nuijten        | Westland Swimming Stars    | 51.28   | 199701353 | <b>51.91</b>   | 24.69 | 27.22 |
| 2.                        | Armand Heyder         | Westland Swimming Stars    | 59.99   | 199603221 | <b>57.42</b>   | 27.35 | 30.07 |
| 3.                        | Patrick Wyrdeман      | Westland Swimming Stars    | 58.63   | 199702475 | <b>1:04.22</b> | 29.96 | 34.26 |
| 4.                        | Mark Bel              | Z&PC Rotterdam             | 1:05.00 | 199406747 | <b>1:14.83</b> | 35.16 | 39.67 |
| 5.                        | Alexander Caspers     | Sassenheim                 | 1:20.21 | 199605905 | <b>1:22.69</b> | 40.28 | 42.41 |
| <b>Masters 30+, Heren</b> |                       |                            |         |           |                |       |       |
| 1.                        | Rutger Dalm           | ACZ                        | 58.31   | 199005561 | <b>58.50</b>   | 28.37 | 30.13 |
| 2.                        | Marc Hoogendam        | Blue Marlines              | 1:01.35 | 199007713 | <b>59.96</b>   | 28.19 | 31.77 |
| NG                        | Bram Piederiet        | ZVVS                       | 1:02.56 | 199007757 |                |       |       |
| <b>Masters 35+, Heren</b> |                       |                            |         |           |                |       |       |
| 1.                        | Neil Lomax            | De Watervogels             | 1:08.32 | 198403215 | <b>1:03.34</b> | 30.28 | 33.06 |
| 2.                        | Martin Caldarola      | ZVL-1886 Center            | 1:13.86 | 198503989 | <b>1:10.87</b> | 33.19 | 37.68 |
| <b>Masters 40+, Heren</b> |                       |                            |         |           |                |       |       |
| 1.                        | Kristiaan Lenos       | ZVL-1886 Center            | 54.73   | 198301331 | <b>55.89</b>   | 26.72 | 29.17 |
| 2.                        | Oscar Monge           | IJZ&PC                     | 1:02.95 | 198102599 | <b>1:04.91</b> | 30.09 | 34.82 |
| 3.                        | Rogier van Gent       | IJZ&PC                     | 1:05.07 | 198000405 | <b>1:05.05</b> | 30.02 | 35.03 |
| 4.                        | Michael Westerbeek    | ZVL-1886 Center            | 1:07.98 | 198302337 | <b>1:05.27</b> | 30.86 | 34.41 |
| <b>Masters 45+, Heren</b> |                       |                            |         |           |                |       |       |
| 1.                        | Simon Voorhoeve       | DES                        | 1:17.85 | 197801969 | <b>1:15.32</b> | 34.77 | 40.55 |
| 2.                        | Andre Schaap          | ZVL-1886 Center            | 1:15.00 | 197501357 | <b>1:17.19</b> |       |       |
| 3.                        | Jeroen Hoeksel        | ZVVS                       | 1:15.60 | 197401533 | <b>1:18.55</b> | 36.75 | 41.80 |
| 4.                        | Rogier van der Bend   | De Watervogels             | 1:19.27 | 197401571 | <b>1:21.76</b> | 39.17 | 42.59 |
| <b>Masters 50+, Heren</b> |                       |                            |         |           |                |       |       |
| 1.                        | Ingmar de Gelder      | ZOB'66                     | 1:03.09 | 197000333 | <b>1:04.33</b> | 31.34 | 32.99 |
| 2.                        | Martin Berkhout       | ZVL-1886 Center            | 1:06.88 | 197101123 | <b>1:08.02</b> | 32.27 | 35.75 |
| 3.                        | Ryan Douglas          | Feijenoord Albion Zwemclub | 1:22.02 | 196901883 | <b>1:24.60</b> | 40.50 | 44.10 |
| <b>Masters 55+, Heren</b> |                       |                            |         |           |                |       |       |
| 1.                        | Pieter-Sjoerd de Wijn | DES                        | 1:09.47 | 196501027 | <b>1:11.49</b> | 34.45 | 37.04 |
| 2.                        | Caspar Boendermaker   | ZVL-1886 Center            | 1:21.36 | 196501605 | <b>1:15.35</b> | 36.11 | 39.24 |
| 3.                        | Gertjan van der Vaart | ZVVS                       | 1:16.84 | 196801529 | <b>1:18.09</b> | 37.59 | 40.50 |
| 4.                        | Andre Exter           | Poseidon'56                | 1:59.69 | 196601585 | <b>1:44.30</b> | 46.57 | 57.73 |
| <b>Masters 60+, Heren</b> |                       |                            |         |           |                |       |       |
| 1.                        | Paul Wijnja           | De Biesboschzwemmers       | 1:05.69 | 196301403 | <b>1:08.09</b> | 32.87 | 35.22 |
| 2.                        | Adriaan Kop           | Old Dutch                  | 1:10.45 | 196101135 | <b>1:11.50</b> | 34.58 | 36.92 |
| 3.                        | Bob Lookermans        | Poseidon'56                | 1:52.00 | 196201295 | <b>1:44.59</b> | 47.94 | 56.65 |
| <b>Masters 65+, Heren</b> |                       |                            |         |           |                |       |       |
| 1.                        | André Pantekoek       | PSV                        | 1:23.00 | 195800321 | <b>1:21.26</b> | 39.36 | 41.90 |
| <b>Masters 75+, Heren</b> |                       |                            |         |           |                |       |       |
| 1.                        | Willem Putter         | ZVVS                       | 1:21.82 | 194500135 | <b>1:28.56</b> | 42.84 | 45.72 |

Uitslagen via [https://knzbwest.cfas.nl/RWOM2022-2023\\_3/](https://knzbwest.cfas.nl/RWOM2022-2023_3/)

Volgende ROM-wedstrijd: zondag 12 maart 2023 te Gouda.

ROM 3  
Leiden, 15-1-2023

Programmanr. 8, 100m vrije slag

Masters 80+, Heren

|                     |     |         |           |                |       |       |
|---------------------|-----|---------|-----------|----------------|-------|-------|
| 1. Geza Kaltenecker | AZC | 1:26.95 | 194200065 | <b>1:30.34</b> | 42.36 | 47.98 |
|---------------------|-----|---------|-----------|----------------|-------|-------|

Masters 85+, Heren

|                                  |     |         |           |                |       |       |
|----------------------------------|-----|---------|-----------|----------------|-------|-------|
| 1. Nic Geers                     | PSV | 1:46.37 | 193800007 | <b>1:42.75</b> | 49.16 | 53.59 |
| <i>Nederlands Masters Record</i> |     |         |           |                |       |       |

Masters 20+, Dames

|                     |                 |         |           |                |       |       |
|---------------------|-----------------|---------|-----------|----------------|-------|-------|
| 1. Lonneke Graansma | ZVL-1886 Center | 1:06.39 | 199900936 | <b>1:08.61</b> | 33.09 | 35.52 |
|---------------------|-----------------|---------|-----------|----------------|-------|-------|

Masters 25+, Dames

|                       |                         |         |           |                |       |       |
|-----------------------|-------------------------|---------|-----------|----------------|-------|-------|
| 1. Annoeska Banen     | Westland Swimming Stars | 1:07.09 | 199704570 | <b>1:05.39</b> | 31.82 | 33.57 |
| 2. Karen Stolk        | ZVL-1886 Center         | 1:03.16 | 199403950 | <b>1:05.57</b> | 30.89 | 34.68 |
| 3. Margien Timmer     | ZVL-1886 Center         | 1:13.35 | 199506760 | <b>1:11.07</b> | 34.47 | 36.60 |
| 4. Anouk van der Lans | Westland Swimming Stars | 1:12.24 | 199801614 | <b>1:11.96</b> | 34.41 | 37.55 |
| NG Nina Tourton       | ZOB'66                  | 1:20.26 | 199603612 |                |       |       |

Masters 30+, Dames

|                         |                 |         |           |                |       |       |
|-------------------------|-----------------|---------|-----------|----------------|-------|-------|
| 1. Lotte Coenen         | DES             | 1:02.13 | 199301518 | <b>1:03.25</b> | 30.31 | 32.94 |
| 2. Adela Vázquez García | ZVL-1886 Center | 1:14.00 | 199307952 | <b>1:13.86</b> | 33.28 | 40.58 |

Masters 35+, Dames

|                  |     |         |           |                |       |       |
|------------------|-----|---------|-----------|----------------|-------|-------|
| 1. Stefanie Kohl | DES | 1:20.50 | 198403596 | <b>1:21.26</b> | 39.13 | 42.13 |
|------------------|-----|---------|-----------|----------------|-------|-------|

Masters 40+, Dames

|                   |          |         |           |                |       |       |
|-------------------|----------|---------|-----------|----------------|-------|-------|
| 1. Jessica Venema | GZC DONK | 1:12.03 | 197901526 | <b>1:12.80</b> | 34.29 | 38.51 |
|-------------------|----------|---------|-----------|----------------|-------|-------|

Masters 45+, Dames

|                      |      |         |           |                |       |       |
|----------------------|------|---------|-----------|----------------|-------|-------|
| 1. Esmeralda Stokman | ZPCH | 1:40.00 | 197600940 | <b>1:24.86</b> | 39.83 | 45.03 |
|----------------------|------|---------|-----------|----------------|-------|-------|

Masters 50+, Dames

|                            |            |         |           |                |       |       |
|----------------------------|------------|---------|-----------|----------------|-------|-------|
| 1. Marjolein Klunne        | Hieronymus | 1:10.99 | 197101098 | <b>1:12.19</b> | 34.30 | 37.89 |
| 2. Y. van Nobelen - Kampsc | Sassenheim | 1:14.64 | 197200316 | <b>1:19.73</b> | 37.73 | 42.00 |

Masters 55+, Dames

|                    |      |         |           |                |       |       |
|--------------------|------|---------|-----------|----------------|-------|-------|
| 1. S. Daamen-Posma | AZC  | 1:19.61 | 196800854 | <b>1:22.85</b> | 39.04 | 43.81 |
| 2. Inge Deutz      | ZVVS | 1:39.20 | 196600726 | <b>1:34.85</b> | 44.89 | 49.96 |

Masters 65+, Dames

|                   |           |         |           |                |       |         |
|-------------------|-----------|---------|-----------|----------------|-------|---------|
| 1. Karien Musters | Old Dutch | 1:52.95 | 195800236 | <b>1:53.91</b> | 53.81 | 1:00.10 |
|-------------------|-----------|---------|-----------|----------------|-------|---------|

Masters 70+, Dames

|                        |      |         |           |                |       |       |
|------------------------|------|---------|-----------|----------------|-------|-------|
| 1. Tineke van Diggelen | ZPCH | 1:45.00 | 195200048 | <b>1:43.98</b> | 50.50 | 53.48 |
|------------------------|------|---------|-----------|----------------|-------|-------|

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Volgende ROM-wedstrijd: zondag 12 maart 2023 te Gouda.