

ROM deel 2.
Vlaardingen, 11-12-2022

Programmanr. 6
11-12-2022 - 13:50

200m vrije slag

20 - 89 jaar
Resultaten

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
Masters 20+, Heren								
1. Jordy van Oel	WVZ	2:08.39	199802003	2:07.98	28.38	31.94		
Masters 25+, Heren								
1. Nick Sijmons	De Amstel	2:00.73	199500491	2:02.46	27.14	30.78		
2. Wesley van der Luit	Sassenheim	2:10.71	199701895	2:13.12	30.06	33.14		
Masters 30+, Heren								
1. Bram Piederiet	ZVVS	2:22.89	199007757	2:20.63	31.44	35.91		
2. Ruben Stolk	ZOB'66	2:31.84	199005665	2:22.45	32.36	36.59		
Masters 35+, Heren								
1. Neil Lomax	De Watervogels	NT	198403215	2:22.32	32.19	36.13		
2. Michael Westerbeek	ZVL-1886 Center	2:20.00	198302337	2:23.10	32.12	35.86		
3. Martin Caldarola	ZVL-1886 Center	2:45.00	198503989	2:36.21	34.32	39.54		
4. Niels Ros	ZVL-1886 Center	2:50.00	198604835	2:49.19	35.94	39.89		
Masters 40+, Heren								
1. Simon Voorhoeve	DES	2:40.00	197801969	2:56.12	36.36	41.86		
Masters 45+, Heren								
1. Markus van Rest	WVZ	2:22.05	197701197	2:21.96	32.16	36.35		
2. Leon Erkelens	Blue Marlins	2:58.11	197401539	2:56.95	38.83	43.32		
3. Jeroen Hoeksel	ZVVS	2:46.23	197401533	2:57.22	38.04	43.09		
4. Fons van Rijn	De Watervogels	NT	197701759	2:58.81	38.81	44.59		
Masters 50+, Heren								
1. C. van den Burgh	Sassenheim	2:21.81	197201413	2:21.46	31.39	36.27		
2. Frank van Nobelen	Sassenheim	2:24.89	196900753	2:23.60	32.80	35.96		
3. Marcel Vroegindewei	Poseidon'56	2:33.36	196801709	2:40.12	36.77	41.30		
Masters 55+, Heren								
1. Otto Jansen	ZVL-1886 Center	2:26.00	196501403	2:27.55	34.34	36.74		
2. Pieter-Sjoerd de Wijn	De Meer	2:45.58	196501027	2:47.13	37.95	41.59		
3. C. Boendermaker	ZVL-1886 Center	2:55.00	196501605	2:53.23	37.67	43.69		
4. Andre Exter	Poseidon'56	3:45.00	196601585	4:21.40	53.67	1:06.02		
Masters 60+, Heren								
1. Wim de Lange	AZC	2:40.04	195800533	2:45.85	37.50	42.06		
Masters 65+, Heren								
1. Peter Coffeng	GZC Donk	3:08.89	195700063	3:06.03	39.84	46.00		
Masters 75+, Heren								
1. Willem Putter	ZVVS	3:04.98	194500135	3:11.80	42.20	49.19		
Masters 80+, Heren								
1. Geza Kaltenecker	AZC	3:28.07	194200065	3:21.68	44.63	52.42		
	<i>Nederlands Masters Record.</i>							

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Masters 20+, Dames

1. Femke Noordhoek	De Watervogels	NT	199901150	2:41.59	36.16	40.89
2. Nienke de Vries	SCOM	3:06.45	200100460	3:03.97	42.65	47.49

Masters 25+, Dames

1. Leonie van Noort	WVZ	2:14.00	199301752	2:07.89	29.39	31.78
2. Karen Stolk	ZVL-1886 Center	2:20.87	199403950	2:24.06	30.84	35.13
3. Mariska Gach	ZVL-1886 Center	2:42.67	199501760	2:31.02	35.13	38.17
4. Adela Vázquez García	ZVL-1886 Center	2:45.00	199307952	2:42.75	35.40	40.86
5. Margien Timmer	ZVL-1886 Center	2:50.00	199506760	2:43.09	36.77	42.18
6. Sanne Kruijjer	Sassenheim	2:35.63	199505958	2:59.70	40.97	46.53

Masters 30+, Dames

1. Rianne Hofland	Sassenheim	2:30.93	198801820	2:24.58	32.83	36.26
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Masters 35+, Dames

1. Marianne de Bruin	Sassenheim	2:49.94	198400448	2:37.62	35.68	39.45
2. Sanne de Ridder	ZVL-1886 Center	2:45.00	198502444	2:37.96	35.72	39.98

Masters 40+, Dames

1. Debbie van Rooijen	IJZ&PC	2:26.73	198201402	2:24.58	33.19	36.66
2. Louise Schets	DES	2:55.71	197901580	2:57.33	39.92	45.46

Masters 45+, Dames

1. Petra Guijt	RZC	2:29.56	197600978	2:37.73	34.64	39.36
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Masters 50+, Dames

1. Bianca Groot	MSV-Zeemacht	2:25.16	197000652	2:31.68	34.57	38.09
2. K. Van de Moortel	Shark	3:04.19	ShaRK/20315/69	3:12.08	44.68	49.92

Masters 55+, Dames

1. Anita Steijger	WVZ	3:02.67	196500628	2:54.44	41.05	44.02
2. Nicky Slinger	HPC	2:56.41	196600316	3:01.64	41.55	45.85
3. Inge Deutz	ZVVS	3:40.98	196600726	3:30.23	45.08	54.12

Masters 70+, Dames

1. Conny Boer-Buys	ZVVS	3:03.62	195000006	2:54.26	38.70	43.69
2. Geerdien Meerwaldt	De Geul	4:19.73	195200058	4:15.91	56.42	1:04.22