

ROM deel 2.
Vlaardingen, 11-12-2022

Programmanr. 2
11-12-2022 - 13:05

200m schoolslag

20 - 89 jaar
Resultaten

| rang naam | vereniging | intijd | tijd | RT | 50m | 100m | 150m | 200m |
|---|----------------------|---------|-----------|----------------|-------|---------|------|------|
| Masters 20+, Heren | | | | | | | | |
| 1. Bart Spaans | ACZ | 2:45.83 | 199902559 | 2:54.05 | 37.28 | 42.93 | | |
| Masters 40+, Heren | | | | | | | | |
| 1. Robert van Egmond | AZC | 3:22.16 | 198202741 | 3:41.64 | 47.08 | 53.87 | | |
| Masters 50+, Heren | | | | | | | | |
| 1. Alberto Randazzo | DES | 3:19.86 | 197101757 | 3:14.33 | 43.00 | 49.86 | | |
| DIS Gertjan van der Vaart | ZVVS | 3:27.18 | 196801529 | | | | | |
| <i>AA - Gestart voor het startsignaal (en wel gezwommen).</i> | | | | | | | | |
| Masters 55+, Heren | | | | | | | | |
| 1. Pascal Tourton | ZOB'66 | 3:12.75 | 196601343 | 3:12.53 | 43.40 | 49.19 | | |
| 2. Hans Bijleveld | HHZV Plons | 3:40.00 | 196601649 | 3:37.12 | 48.82 | 57.04 | | |
| Masters 60+, Heren | | | | | | | | |
| 1. Ronald Grove | Triton | 2:59.70 | 196100161 | 3:13.75 | 42.00 | 49.70 | | |
| 2. Wim de Lange | AZC | 3:13.39 | 195800533 | 3:20.02 | 43.43 | 49.89 | | |
| 3. André Pantekoek | PSV | 4:18.00 | 195800321 | 4:10.73 | 55.73 | 1:05.13 | | |
| Masters 20+, Dames | | | | | | | | |
| 1. Maartje Hids | ZVL-1886 Center | 3:13.46 | 199903042 | 3:14.33 | 45.71 | 49.09 | | |
| 2. Valerie Bakker | ZVL-1886 Center | 3:30.00 | 200103672 | 3:25.72 | 45.95 | 52.04 | | |
| 3. Nienke de Vries | SCOM | 3:47.24 | 200100460 | 3:46.50 | 51.82 | 58.69 | | |
| Masters 25+, Dames | | | | | | | | |
| 1. Anoeska Banen | Westland Swimming St | 3:03.76 | 199704570 | 3:16.17 | 43.31 | 50.09 | | |
| Masters 30+, Dames | | | | | | | | |
| 1. Linda van Klei | GZC Donk | 3:03.98 | 198802088 | 3:07.95 | 41.80 | 46.87 | | |
| Masters 35+, Dames | | | | | | | | |
| 1. Linda Hoogendam | WVZ | 3:44.69 | 198300892 | 3:53.02 | 53.86 | 59.53 | | |
| Masters 45+, Dames | | | | | | | | |
| 1. Liselotte Joling | PSV | 2:59.74 | 197500268 | 3:02.84 | 40.49 | 46.35 | | |
| 2. Katharina Schlipp | De Vliet (SG) | 3:09.81 | 197301004 | 3:15.69 | 43.61 | 49.05 | | |
| Masters 50+, Dames | | | | | | | | |
| 1. Danielle Schipper | ZOB'66 | 4:00.00 | 197001078 | 3:44.48 | 50.47 | 55.67 | | |
| Masters 55+, Dames | | | | | | | | |
| 1. Anita Steijger | WVZ | 3:43.08 | 196500628 | 3:37.92 | 49.86 | 55.42 | | |
| Masters 60+, Dames | | | | | | | | |
| 1. Lia Bijkerk | GZC Donk | 4:03.32 | 196000014 | 3:54.99 | 52.09 | 1:01.16 | | |

ROM deel 2.
Vlaardingen, 11-12-2022

Programmanr. 2, 200m schoolslag

Masters 70+, Dames

| | | | | | | |
|--------------------------|----------------|---------|-----------|----------------|---------|---------|
| 1. N. van Dongen-de Paep | ZZ&PC De Devel | 4:50.08 | 195100044 | 5:09.63 | 1:09.79 | 1:19.71 |
|--------------------------|----------------|---------|-----------|----------------|---------|---------|