

ROM deel 2.
Vlaardingen, 11-12-2022

Programmanr. 11
11-12-2022 - 15:05

800m vrije slag
Samen: 1+2, 3+4, 5+6, 7+8. (2 zw per bn)

20 - 89 jaar
Resultaten

rang	naam	vereniging	intijd	tijd	RT
Masters 20+, Heren					
1.	Jordy van Oel	WVZ	9:25.32	199802003	9:35.41
	100m: 1:04.99	1:04.99 300m:	500m:	700m:	700m: 9:35.41
	200m: 2:17.10	1:12.11 400m: 4:43.15	600m:	800m:	800m: 9:35.41
2.	Tenzin Tieman	Old Dutch	9:58.29	200005549	9:48.48
	100m: 1:06.92	1:06.92 300m:	500m:	700m:	700m: 9:48.48
	200m: 2:19.67	1:12.75 400m: 4:48.76	600m:	800m:	800m: 9:48.48
3.	Nick Boekestijn	Westland Swimming Stars	10:02.29	199900291	10:09.94
	100m: 1:03.60	1:03.60 300m:	500m:	700m:	700m: 10:09.94
	200m: 2:18.39	1:14.79 400m: 4:52.09	600m:	800m:	800m: 10:09.94
4.	Robin van Peenen	ZVL-1886 Center	10:08.67	200201059	10:35.47
	100m: 1:07.45	1:07.45 300m:	500m:	700m:	700m: 10:35.47
	200m: 2:24.85	1:17.40 400m: 5:08.17	600m:	800m:	800m: 10:35.47
5.	Jasper van den Broek	De Watervogels	NT	199903313	10:58.35
	100m: 1:13.55	1:13.55 300m:	500m:	700m:	700m: 10:58.35
	200m: 2:35.62	1:22.07 400m: 5:24.22	600m:	800m:	800m: 10:58.35
6.	Erik Baalbergen	ZVL-1886 Center	11:22.96	199805775	11:02.76
	100m: 1:10.67	1:10.67 300m:	500m:	700m:	700m: 11:02.76
	200m: 2:32.04	1:21.37 400m: 5:19.64	600m:	800m:	800m: 11:02.76
Masters 25+, Heren					
1.	Wesley van der Luit	Sassenheim	9:57.21	199701895	9:51.30
	100m: 1:07.85	1:07.85 300m:	500m:	700m:	700m: 9:51.30
	200m: 2:20.30	1:12.45 400m: 4:48.64	600m:	800m:	800m: 9:51.30
Masters 30+, Heren					
1.	Tim Bunnik	Triton	9:22.51	199000505	9:22.86
	100m: 1:04.36	1:04.36 300m:	500m:	700m:	700m: 9:22.86
	200m: 2:14.03	1:09.67 400m: 4:35.08	600m:	800m:	800m: 9:22.86
2.	Niels Albrechts	De Schotejil	9:43.15	198800039	10:02.04
	100m: 1:12.59	1:12.59 300m:	500m:	700m:	700m: 10:02.04
	200m: 2:28.59	1:16.00 400m: 5:01.85	600m:	800m:	800m: 10:02.04
3.	Marc Hoogendam	Blue Marlins	10:59.98	199007713	10:46.63
	100m: 1:13.22	1:13.22 300m:	500m:	700m:	700m: 10:46.63
	200m: 2:33.53	1:20.31 400m: 5:17.33	600m:	800m:	800m: 10:46.63
Masters 35+, Heren					
1.	Luc Steijvers	ZVL-1886 Center	10:45.00	198201661	10:29.39
	100m: 1:11.59	1:11.59 300m:	500m:	700m:	700m: 10:29.39
	200m: 2:30.00	1:18.41 400m: 5:09.50	600m:	800m:	800m: 10:29.39
2.	Michael Westerbeek	ZVL-1886 Center	10:40.00	198302337	10:46.18
	100m: 1:13.03	1:13.03 300m:	500m:	700m:	700m: 10:46.18
	200m: 2:32.33	1:19.30 400m: 5:15.26	600m:	800m:	800m: 10:46.18
3.	Michiel Reijns	De Watervogels	NT	198702737	11:16.64
	100m: 1:09.55	1:09.55 300m:	500m:	700m:	700m: 11:16.64
	200m: 2:30.50	1:20.95 400m: 5:25.83	600m:	800m:	800m: 11:16.64
Masters 45+, Heren					
1.	Yuri Admiraal	ZPC Numansdorp	10:16.29	197701655	10:18.77
	100m: 1:11.22	1:11.22 300m:	500m:	700m:	700m: 10:18.77
	200m: 2:29.03	1:17.81 400m: 5:05.78	600m:	800m:	800m: 10:18.77
2.	Markus van Rest	WVZ	10:40.00	197701197	11:07.07
	100m: 1:16.02	1:16.02 300m:	500m:	700m:	700m: 11:07.07
	200m: 2:40.13	1:24.11 400m: 5:32.73	600m:	800m:	800m: 11:07.07
3.	Daniel Prinse	De Ward	11:00.00	197401385	11:28.57
	100m: 1:18.16	1:18.16 300m:	500m:	700m:	700m: 11:28.57
	200m: 2:42.91	1:24.75 400m: 5:36.61	600m:	800m:	800m: 11:28.57

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Masters 50+, Heren

1.	Casper van den Burgh	Sassenheim	10:20.89	197201413	10:28.47
	100m: 1:13.11	1:13.11	300m:	500m:	700m:
	200m: 2:31.23	1:18.12	400m: 5:09.54	600m:	800m: 10:28.47
2.	Frank van Nobelen	Sassenheim	10:23.64	196900753	10:33.73
	100m: 1:11.60	1:11.60	300m:	500m:	700m:
	200m: 2:31.04	1:19.44	400m: 5:12.32	600m:	800m: 10:33.73
3.	Leon Slingerland	WVZ	11:48.60	196801707	12:02.77
	100m: 1:21.05	1:21.05	300m:	500m:	700m:
	200m: 2:50.58	1:29.53	400m: 5:56.87	600m:	800m: 12:02.77

Masters 55+, Heren

1.	Pascal Tourton	ZOB'66	11:48.93	196601343	12:00.69
	100m: 1:23.45	1:23.45	300m:	500m:	700m:
	200m: 2:54.72	1:31.27	400m: 6:01.11	600m:	800m: 12:00.69
DIS	Erik Saan	De Duck	12:35.16	196500769	
	<i>AF - De aangegeven afstand niet uitgezwommen.</i>				

Masters 60+, Heren

1.	Menno Lomans	d'ELFT	11:42.14	196101071	11:36.67
	100m: 1:21.36	1:21.36	300m:	500m:	700m:
	200m: 2:48.82	1:27.46	400m: 5:46.69	600m:	800m: 11:36.67
2.	André Pantekoek	PSV	15:03.00	195800321	15:07.14
	100m: 1:41.75	1:41.75	300m:	500m:	700m:
	200m: 3:38.34	1:56.59	400m: 7:28.88	600m:	800m: 15:07.14

Masters 80+, Heren

1.	Geza Kaltenecker	AZC	15:43.13	194200065	15:30.89
	100m: 1:49.83	1:49.83	300m:	500m:	700m:
	200m: 3:48.70	1:58.87	400m: 7:45.64	600m:	800m: 15:30.89

Masters 20+, Dames

1.	Lonneke Graansma	ZVL-1886 Center	11:20.37	199900936	11:26.77
	100m: 1:18.84	1:18.84	300m:	500m:	700m:
	200m: 2:44.95	1:26.11	400m: 5:42.02	600m:	800m: 11:26.77

Masters 25+, Dames

1.	Leonie van Noort	WVZ	9:50.00	199301752	9:31.82
	100m: 1:05.23	1:05.23	300m:	500m:	700m:
	200m: 2:16.73	1:11.50	400m: 4:40.45	600m:	800m: 9:31.82
2.	Karen Stolk	ZVL-1886 Center	10:20.17	199403950	10:26.17
	100m: 1:12.27	1:12.27	300m:	500m:	700m:
	200m: 2:31.19	1:18.92	400m: 5:09.59	600m:	800m: 10:26.17
3.	Lotte Coenen	DES	10:20.25	199301518	10:35.54
	100m: 1:12.29	1:12.29	300m:	500m:	700m:
	200m: 2:30.79	1:18.50	400m: 5:12.02	600m:	800m: 10:35.54

Masters 30+, Dames

1.	Wendy de Bruin	ZOB'66	10:50.00	199206320	11:00.47
	100m: 1:15.39	1:15.39	300m:	500m:	700m:
	200m: 2:38.18	1:22.79	400m: 5:25.96	600m:	800m: 11:00.47

Masters 35+, Dames

1.	Linda Hoogendam	WVZ	11:38.43	198300892	12:00.51
	100m: 1:24.00	1:24.00	300m:	500m:	700m:
	200m: 2:55.60	1:31.60	400m: 5:59.67	600m:	800m: 12:00.51

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Masters 40+, Dames

1.	Anke Lambooij	De Vliet (SG)	10:24.88	198001182	10:35.95
	100m: 1:10.89	1:10.89	300m:	500m:	700m:
	200m: 2:28.81	1:17.92	400m: 5:09.92	600m:	800m: 10:35.95
2.	Jessica Venema	GZC Donk	11:31.84	197901526	11:45.14
	100m: 1:20.66	1:20.66	300m:	500m:	700m:
	200m: 2:48.63	1:27.97	400m: 5:47.80	600m:	800m: 11:45.14

Masters 45+, Dames

1.	Liselotte Joling	PSV	9:57.02	197500268	10:07.12
	100m: 1:10.94	1:10.94	300m:	500m:	700m:
	200m: 2:27.19	1:16.25	400m: 4:59.82	600m:	800m: 10:07.12
2.	Petra Guijt	RZC	11:10.64	197600978	11:25.90
	100m: 1:21.22	1:21.22	300m:	500m:	700m:
	200m: 2:47.99	1:26.77	400m: 5:40.99	600m:	800m: 11:25.90
3.	Clementine Bruxvoort	SCOM/De Zeehond'73 (SG)	13:18.36	197700138	14:02.38
	100m: 1:36.02	1:36.02	300m:	500m:	700m:
	200m: 3:20.11	1:44.09	400m: 6:52.05	600m:	800m: 14:02.38

Masters 50+, Dames

1.	Kristien Van de Moortel	Shark	13:28.02	ShaRK/20315/69	13:55.00
	100m: 1:40.17	1:40.17	300m:	500m:	700m:
	200m: 3:26.39	1:46.22	400m: 6:58.70	600m:	800m: 13:55.00
2.	Nathasja Konijn	GZC Donk	12:43.58	197100992	14:01.62
	100m: 1:31.63	1:31.63	300m:	500m:	700m:
	200m: 3:12.96	1:41.33	400m: 6:46.93	600m:	800m: 14:01.62
DIS	Bianca Groot	MSV-Zeemacht	10:24.76	197000652	
	<i>AF - De aangegeven afstand niet uitgezwommen.</i>				