

Regio-West Open Masters deel 4
Leiden, 23-2-2020

Programmanr. 3
23-2-2020 - 13:45

200m vrije slag

20 - 89 jaar
Resultaten

rang	naam		vereniging		intijd		tijd	RT
Masters 25+, Heren								
1.	Nick Sijmons		De Amstel		2:01.25	199500491	2:02.28	
	50m: 28.91	100m: 1:00.39		200m: 2:02.28				
2.	Jeffrey Eigenraam		ZOB'66		2:22.05	199500041	2:32.64	
	50m: 33.12	100m: 1:10.34		200m: 2:32.64				
Masters 30+, Heren								
1.	Alex Schelvis		LinK		1:58.22	198702927	2:02.21	
	50m: 28.15	100m: 58.72		200m: 2:02.21				
2.	Tom van Norden		IJZ&PC		3:30.00	198906951	3:01.50	
	50m: 40.18	100m: 1:25.43		200m: 3:01.50				
Masters 35+, Heren								
AFGEM	Guus Tas		WIDEX GZC DONK		3:01.00	198102585		
Masters 40+, Heren								
1.	Emiel Volker		ZVL-1886 Tetteroo		2:36.15	197601605	2:36.24	
	50m: 35.12	100m: 1:13.95		200m: 2:36.24				
2.	Robin Koele		De Watervogels		NT	197601657	3:02.65	
	50m: 40.24	100m: 1:24.97		200m: 3:02.65				
Masters 45+, Heren								
1.	Casper van den Burgh		LinK		2:31.94	197201413	2:22.80	
	50m: 32.17	100m: 1:08.39		200m: 2:22.80				
2.	Martin Berkhout		ZVL-1886 Tetteroo		2:28.00	197101123	2:28.64	
	50m: 34.43	100m: 1:09.89		200m: 2:28.64				
3.	Jeroen Hoeksel		ZVVS		3:02.09	197401533	2:46.23	
	50m: 38.34	100m: 1:20.24		200m: 2:46.23				
Masters 50+, Heren								
1.	Joop Weenink		WS Twente		2:48.33	196801535	2:40.84	
	50m: 36.17	100m: 1:16.91		200m: 2:40.84				
2.	Gertjan van der Vaart		ZVVS		2:54.11	196801529	3:04.98	
	50m: 39.12	100m: 1:25.74		200m: 3:04.98				
Masters 60+, Heren								
1.	Evertjan Masurel		PSV		2:36.52	195600495	2:45.36	
	50m: 38.25	100m: 1:21.09		200m: 2:45.36				
2.	André Pantekoek		PSV		3:07.00	195800321	3:01.61	
	50m: 41.45	100m: 1:29.11		200m: 3:01.61				
Masters 70+, Heren								
1.	Piet Schop		De Bevelanders		3:00.36	195000109	3:00.15	
	50m: 39.77	100m: 1:26.32		200m: 3:00.15				
Masters 75+, Heren								
1.	Willem Putter		ZVVS		3:06.24	194500135	3:04.98	
	50m: 41.50	100m: 1:28.19		200m: 3:04.98				
2.	Geza Kaltenecker		AZC		3:12.51	194200065	3:15.48	
	50m: 42.98	100m: 1:33.01		200m: 3:15.48				

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Masters 80+, Heren

1.	Nic Geers	Z&PC De Gouwe		3:35.40	193800007	3:41.69
	50m: 53.46	100m: 1:49.71	200m:	3:41.69		

Masters 20+, Dames

1.	Mouna Oudshoorn	De Amstel		2:55.28	200002202	3:00.22
	50m: 41.80	100m: 1:28.06	200m:	3:00.22		

Masters 25+, Dames

1.	Roosmarijn van Velzen	ZVL-1886 Tetteroo		3:24.54	199208036	3:17.87
	50m: 46.26	100m: 1:33.97	200m:	3:17.87		

Masters 30+, Dames

1.	Suzan Blankestijn	ZVL-1886 Tetteroo		2:31.05	198900350	2:35.16
	50m: 34.39	100m: 1:13.78	200m:	2:35.16		
2.	Melissa Buijens	De Geul		3:30.00	198605358	3:17.39
	50m: 42.73	100m: 1:31.61	200m:	3:17.39		

Masters 35+, Dames

1.	Laura Badoux	DAW		2:27.78	198200038	2:28.50
	50m: 34.12	100m: 1:11.38	200m:	2:28.50		
2.	Hebe de Champeaux	SwimGym		2:38.47	198102318	2:36.90
	50m: 35.22	100m: 1:15.29	200m:	2:36.90		
3.	Clara Groenhorst	ZVVS		3:04.79	198202506	3:05.13
	50m: 40.76	100m: 1:27.13	200m:	3:05.13		
4.	Marike Donders-Kamphuis	HHZV PLONS		4:07.03	198102200	3:55.22
	50m: 52.33	100m: 1:51.50	200m:	3:55.22		

Masters 40+, Dames

1.	Anke Lambooy	De Vliet (SG)		2:17.13	198001182	2:17.14
	50m: 31.39	100m: 1:05.66	200m:	2:17.14		
2.	Marian Nederlof	De Geul		2:45.35	197600950	2:49.30
	50m: 38.28	100m: 1:21.32	200m:	2:49.30		
3.	Clementine van Bruxvoort	ZPB H&L Productions		3:01.52	197700138	3:02.09
	50m: 41.56	100m: 1:28.36	200m:	3:02.09		
NG	Jessica Venema	WIDEX GZC DONK		2:30.87	197901526	

Masters 45+, Dames

1.	Ilona Hogerheyde	DAW		2:30.00	197400224	2:27.92
	50m: 32.47	100m: 1:09.88	200m:	2:27.92		

Masters 50+, Dames

1.	Marella Verhagen-den Ouden	De Amstel		3:20.00	196800948	3:13.69
	50m: 42.44	100m: 1:30.72	200m:	3:13.69		

AFGEM	Caroline Kruger	Feijenoord Albion Zwemclub		3:01.75	196800928	
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Masters 55+, Dames

1.	Marjan Remmits	ZPC Woerden		2:28.37	196300518	2:32.47
	50m: 34.59	100m: 1:13.14	200m:	2:32.47		
2.	Jacqueline Rolloos-Bakkers	De Lansingh		2:46.52	196300222	2:42.05
	50m: 36.80	100m: 1:18.24	200m:	2:42.05		