Programmanr. 4 — Dames, 200m rugslag — 10 jaar en ouder
14-11-2026 - 10:45 — Resultaten

rang	naam	vereniging	intijd		tijd	RT	50m	100m	150m	200m
10 - 11 jaar										
1.	Aleksandra Kostina	Blue Marlins	3:14.65	201500210	**3:01.62**	+0,73	40.89	1:26.48	2:14.70	3:01.62
2.	Julia Roemer	Blue Marlins	3:18.73	201500740	**3:10.24**	+0,88	43.64	1:34.06	2:24.23	3:10.24
3.	Saar van Straten	WVZ	3:17.41	201500418	**3:11.51**	+0,68	45.08	1:33.48	2:23.01	3:11.51
4.	Meya Prika	D.E.S.	3:20.40	201501880	**3:14.34**	+0,79	45.40	1:37.16	2:28.14	3:14.34
5.	Morgan Tempelaar	SG SCOM/de Zeehond"	3:21.43	201600052	**3:19.05**	+0,76	46.36	1:37.26	2:29.06	3:19.05
	**BU 200m*									
Onder 14										
1.	Jolie Fransen	WVZ	2:33.45	201400034	**2:33.83**	+0,69	34.94	1:14.04	1:54.42	2:33.83
2.	Dominique F.	MNC Dordrecht	2:40.96	201300602	**2:36.48**	+0,69	37.91	1:18.19	1:58.53	2:36.48
3.	Fien Provily	Wiekslag	2:43.68	201400030	**2:40.13**	+0,65	36.50	1:17.51	1:59.77	2:40.13
4.	Yaïma H.	Blue Marlins	2:43.64	201301814	**2:44.14**	+0,69	38.32	1:19.67	2:02.59	2:44.14
5.	Jazz Hollander	ZZ&PC De Devel	2:48.34	201300528	**2:46.32**	+0,92	37.77	1:20.54	2:04.35	2:46.32
6.	Julie Lindgreen	Wiekslag	2:56.56	201301624	**2:47.27**	+0,75	38.34	1:20.51	2:04.26	2:47.27
7.	Roos van Wingerden	Blue Marlins	2:46.94	201300946	**2:47.99**	+0,67	40.41	1:24.27	2:07.48	2:47.99
8.	Laura Jongejan	z.c De Schotejil	2:43.76	201302408	**2:48.90**	+0,70	40.99	1:25.08	2:07.71	2:48.90
9.	Fenna Visser	SG LinK-ZV Zoetermee	2:50.53	201300678	**2:50.92**	+0,74	38.42	1:21.54	2:06.33	2:50.92
	**BU 200m*									
10.	Kayleigh Mol	SG LinK-ZV Zoetermee	3:01.26	201301976	**2:52.99**	+0,62	40.60	1:24.54	2:09.74	2:52.99
11.	Eliza Parwiz	WVZ	2:55.97	201400876	**2:55.76**	+0,64	41.34	1:26.06	2:11.59	2:55.76
12.	Meike Sijtsma	z.c De Schotejil	2:59.03	201400150	**2:56.35**	+0,67	41.29	1:27.01	2:12.73	2:56.35
13.	Joey Chan	WVZ	2:57.21	201301018	**2:56.48**	+0,70	40.61	1:24.87	2:11.62	2:56.48
14.	Yeani Dukuray	ZVL-1886	2:59.16	201300684	**2:56.77**	+0,79	39.09	1:22.95	2:09.24	2:56.77
15.	Nadirah Vers	Blue Marlins	3:00.37	201401362	**2:58.71**	+0,68	41.41	1:26.63	2:13.16	2:58.71
	**BU 200m*									
16.	Fenna Bogerman	z.c De Schotejil	3:00.72	201301596	**3:00.35**	+0,64	41.82	1:28.45	2:15.33	3:00.35
17.	Lynn van Drunick	Noordwijkerhout	3:02.34	201401480	**3:01.05**	+0,62	41.29	1:27.83	2:14.71	3:01.05
18.	Rosalie Motzheim	De Columbiaan	3:03.80	201402496	**3:01.58**	+0,75	41.88	1:28.78	2:17.09	3:01.58
19.	Jelina Polak	ACZ	3:03.25	201400898	**3:02.74**	+0,58	39.56	1:25.09	2:16.17	3:02.74
20.	Phaedra van Zelst	ZVL-1886	3:07.02	201401326	**3:03.61**	+0,80	42.74	1:30.23	2:17.58	3:03.61
21.	Farah G.	ACZ	3:05.33	201402596	**3:04.67**	+0,64	44.25	1:31.35	2:19.21	3:04.67
22.	Loes Ripping	WVZ	3:02.08	201400740	**3:04.95**	+0,72	44.57	1:31.44	2:19.27	3:04.95
23.	Lily de Ben	Blue Marlins	3:06.13	201301834	**3:05.29**	+0,74	43.90	1:32.57	2:20.46	3:05.29
	**BU 200m*									
Onder 16										
1.	Malin Roozeboom	WVZ	2:13.20	201100006	**2:20.12**	+0,73	32.71	1:08.62	1:44.45	2:20.12
	**BU 200m*									
2.	Simone Brobbel	SG Hoekse Waard	2:26.35	201200058	**2:24.11**	+0,75	33.67	1:10.41	1:48.14	2:24.11
3.	Bianca Michelutti	WZK Zwemmen	2:31.59	201103740	**2:27.27**	+0,74	34.99	1:12.05	1:49.72	2:27.27
4.	Anouk Mulder	De Columbiaan	2:30.43	201200962	**2:29.33**	+0,91	35.19	1:13.22	1:52.02	2:29.33
5.	Jet Hogervorst	De Columbiaan	2:40.20	201200738	**2:35.62**	+0,71	36.86	1:16.35	1:55.98	2:35.62
6.	Elke Kriesels	Blue Marlins	2:35.32	201100898	**2:36.14**	+0,60	36.59	1:16.29	1:56.72	2:36.14
7.	Jolie van Ark	AZC	2:45.42	201101644	**2:39.10**	+0,73	35.20	1:16.00	1:58.65	2:39.10
8.	Guusje van Geest	ACZ	2:32.33	201200352	**2:40.47**	+0,75	36.14	1:17.01	1:58.44	2:40.47
	**BU 200m*									
9.	Lieselot Penning	ZZ&PC De Devel	2:40.66	201200052	**2:42.32**	+0,69	38.46	1:19.90	2:01.92	2:42.32
10.	Evy v. Nimwegen	z.c De Schotejil	2:39.67	201100168	**2:43.16**	+0,62	37.96	1:19.82	2:01.92	2:43.16
	**BU 200m*									
11.	Nikki de Heij	BZ en PC	2:45.18	201101194	**2:45.42**	+0,61	38.83	1:20.08	2:02.96	2:45.42
12.	Eva Hensen	Niemo Barracuda	2:44.34	201100806	**2:45.73**	+0,64	37.96	1:20.84	2:04.93	2:45.73
13.	Mare Engelse	Niemo Barracuda	2:42.98	201100826	**2:45.76**	+0,65	37.51	1:19.73	2:03.07	2:45.76
14.	Lauren Kalmbach	WZK Zwemmen	2:59.17	201103990	**2:48.09**	+0,63	38.47	1:21.62	2:05.42	2:48.09
15.	Elise Batist	De Duck	2:50.00	201201174	**2:48.38**	+0,71	39.93	1:23.35	2:07.64	2:48.38
16.	Floortje Bakker	Blue Marlins	2:46.15	201101124	**2:50.01**	+0,79	39.20	1:21.54	2:05.52	2:50.01
17.	Danique Westerhof	De Watervogels	2:52.00	201100492	**2:51.46**	+0,68	40.02	1:23.10	2:07.66	2:51.46
18.	Anouk Cornelissen	De Watervogels	3:02.77	201100084	**2:53.43**	+0,65	41.49	1:25.09	2:09.63	2:53.43
19.	Pip Verhoeven	ZZ&PC De Devel	2:59.79	201200544	**3:00.02**	+0,58	41.19	1:26.56	2:12.93	3:00.02

Programmanr. 4, Dames, 200m rugslag

Onder 18

1. Nina van der Schrier	AZC	2:14.26	201000444	**2:11.92**	+0,70	31.43	1:04.71	1:38.39	2:11.92
2. Faye Thijsse	WVZ	2:21.91	201001364	**2:23.80**	+0,67	32.72	1:09.42	1:47.02	2:23.80
3. Wictoria Diederiks	ZVL-1886	2:23.77	200900758	**2:27.07**	+0,69	34.66	1:11.75	1:49.61	2:27.07
4. Elin Riedijk	Blue Marlins	2:24.70	201002056	**2:27.10**	+0,80	34.75	1:12.13	1:50.01	2:27.10
5. Anouk Steller	WVZ	2:28.38	201000004	**2:28.89**	+0,61	33.93	1:11.18	1:49.61	2:28.89
6. Nienke v. Weenen	z.c De Schotejil	2:36.31	201000282	**2:31.95**	+0,66	35.47	1:13.31	1:52.69	2:31.95
7. Erin de Jong	SG LinK-ZV Zoetermee	2:29.46	201000024	**2:33.19**	+0,69	34.88	1:13.40	1:53.04	2:33.19
**BU 200m*									
8. Nina Tetteroo	De Columbiaan	2:32.55	201000048	**2:33.45**	+0,81	35.98	1:14.74	1:54.35	2:33.45
9. Evelien de Vree	Blue Marlins	2:37.86	201002158	**2:36.41**	+0,77	36.16	1:15.19	1:56.16	2:36.41
10. Sanne Mulder	WVZ	2:41.33	200900280	**2:37.13**	+0,58	36.32	1:15.43	1:56.33	2:37.13
11. Annika Binneveld	De Duck	2:35.37	201001268	**2:41.62**	+0,61	37.10	1:18.13	2:00.48	2:41.62
12. Jasmijn Schoonen	Wiekslag	2:43.82	200901196	**2:46.92**	+0,73	37.41	1:18.76	2:02.90	2:46.92
13. Esmée van Sliedregt	ZOB'66	2:43.18	200902608	**2:51.24**	+0,65	40.04	1:23.26	2:07.47	2:51.24
14. Tess Liebrechts	WVZ	2:47.15	201000212	**2:54.61**	+0,80	42.21	1:26.79	2:10.88	2:54.61
**BU 200m*									
15. Tessa Hartman	SG Westland	3:04.77	201002430	**3:05.98**	+0,62	40.96	1:29.09	2:19.22	3:05.98
AFGEM Merel Doest	ZV Vlaardingen-Schied	2:40.97	201001142						

18 en ouder

1. Halime Zulal Zeren	Blue Marlins	2:07.76	199507086	**2:14.13**	+0,71	31.67	1:05.03	1:39.14	2:14.13
2. Meyke v. Nimwegen	z.c De Schotejil	2:22.84	200800106	**2:27.29**	+0,66	34.77	1:12.35	1:49.93	2:27.29
3. Carmen Lems	ACZ	2:28.04	200402632	**2:29.37**	+0,59	33.82	1:11.88	1:50.59	2:29.37
**BU 200m*									
4. Madelief Mans	Blue Marlins	2:31.89	200501260	**2:30.30**	+0,67	35.18	1:13.57	1:52.06	2:30.30
5. Mila Oomens	Niemo Barracuda	2:28.67	200700016	**2:33.06**	+0,76	34.94	1:13.69	1:53.69	2:33.06
6. Daynah de Snaijer	SG LinK-ZV Zoetermee	2:34.25	200802266	**2:35.51**	+0,66	35.92	1:14.59	1:55.12	2:35.51
7. Emma Buchsbaum	Blue Marlins	2:23.37	200505472	**2:36.70**	+0,76	35.53	1:15.64	1:56.69	2:36.70
8. Sanne Pruntel	ZV Vlaardingen-Schied	2:46.47	200802010	**2:43.25**	+0,73	38.48	1:20.04	2:02.34	2:43.25
9. Carice Forschelen	MNC Dordrecht	2:50.88	200804338	**2:43.36**	+0,61	37.72	1:19.63	2:02.35	2:43.36
10. Fleur van Norren	ACZ	2:41.52	200204432	**2:43.77**	+0,68	36.74	1:17.38	2:00.28	2:43.77
11. Marjolijn Offeringa	ZV Vlaardingen-Schied	2:46.46	200701788	**2:44.66**	+0,58	39.60	1:22.06	2:03.71	2:44.66
**BU 200m*									
12. Lieke Franzen	De Gooye	2:46.13	200701542	**2:45.16**	+0,82	39.46	1:22.09	2:05.04	2:45.16
13. Samantha van der J.	Poseidon'56	2:50.83	200700220	**2:49.87**	+0,68	39.88	1:23.11	2:07.16	2:49.87
14. Puck Hogendoorn	DWF	2:45.21	200600898	**2:56.68**	+0,77	42.53	1:27.73	2:13.56	2:56.68