

Provinciaal Kampioenschap kb - middellange afstand  
Alphen a/d Rijn, 29-11-2025

Programmanr. 2  
29-11-2025 - 12:35

Heren, 200m vrije slag

11 jaar en ouder  
Resultaten

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
<b>Onder 14</b>								
1. Finn Ostermann	AZC	2:17.82 201301059	<b>2:15.44</b>		30.47	1:04.97		2:15.44
2. Riff van der Zwaan	ZVL-1886	2:19.71 201400053	<b>2:20.28</b>		31.79	1:07.10		2:20.28
3. Thijs Valkenburg	WVZ	2:24.95 201201511	<b>2:22.32</b>		32.11	1:07.93		2:22.32
4. Isai Shields	Niemo Barracuda	2:23.29 201300031	<b>2:23.24</b>		32.72	1:09.81		2:23.24
5. Milan van R.	DWF	2:29.28 201202345	<b>2:23.73</b>	FJ 1	32.30	1:09.20		2:23.73
6. Sebas van Dam	ACZ	2:25.84 201300127	<b>2:23.73</b>	FJ 2	32.80	1:10.15		2:23.73
7. Thijs van Arkel	ACZ	2:28.40 201300539	<b>2:27.11</b>		33.75	1:12.42		2:27.11
8. Kris Stoyanov	Blue Marlins	2:27.45 201201505	<b>2:28.04</b>		31.33	1:09.52		2:28.04
9. Loek van Lith	ZVL-1886	2:34.73 201200683	<b>2:30.52</b>		34.32	1:13.23		2:30.52
10. Sven Nozeman	ZVL-1886	2:28.68 201300993	<b>2:30.60</b>		31.75	1:11.07		2:30.60
11. Jorn Klerk	ZVL-1886	2:42.16 201301277	<b>2:33.29</b>		35.04	1:14.56		2:33.29
12. Henk de Mooij	De Columbiaan	2:36.07 201200681	<b>2:33.97</b>		33.73	1:12.85		2:33.97
13. Daan van M.	ZV Vlaardingen-Schiedt	2:41.59 201400069	<b>2:33.98</b>		34.63	1:14.88		2:33.98
14. Rik Kroesbergen	Poseidon'56	2:39.49 201201465	<b>2:36.08</b>		34.57	1:15.07		2:36.08
15. Twan van der Schrier	AZC	2:52.32 201400237	<b>2:46.62</b>	S14 167	35.84	1:17.86		2:46.62

**Onder 16**

1. Duco de Gelder	Blue Marlins	2:01.34 201000217	<b>1:58.74</b>		26.85	57.13		1:58.74
2. Dax van den N.	Blue Marlins	2:05.19 201000071	<b>2:03.12</b>		28.25	59.25		2:03.12
3. Mees Janssen	Blue Marlins	2:05.64 201102025	<b>2:03.50</b>		28.77	1:00.51		2:03.50
4. Kris Westerhout	ZZ&PC De Devel	2:06.19 201000883	<b>2:05.02</b>		28.11	59.87		2:05.02
5. Thijs Jonkman	De Duck	2:08.29 201000481	<b>2:06.75</b>		28.79	1:00.97		2:06.75
6. Izayah Castillo	Blue Marlins	2:11.94 201100311	<b>2:10.61</b>	FJ 1	28.96	1:02.24		2:10.61
7. Lev Rudman	Blue Marlins	2:12.82 201102343	<b>2:10.61</b>	FJ 2	29.84	1:02.96		2:10.61
8. Kaj van der Ham	ZVL-1886	2:16.36 201100325	<b>2:12.61</b>		30.00	1:03.89		2:12.61
9. Syb Boerema	z.c De Schotejil	2:12.57 201000359	<b>2:13.16</b>		29.68	1:03.18		2:13.16
10. Sander de Bruin	ZZ&PC De Devel	2:14.92 201100617	<b>2:13.48</b>	FJ 1	28.00	1:00.99		2:13.48
11. Thijs van Kints	BZ en PC	2:14.64 201101059	<b>2:13.48</b>	FJ 2	29.68	1:03.25		2:13.48
12. David van der Valk	Wiekslag	2:09.79 201100519	<b>2:13.56</b>		31.50	1:03.84		2:13.56
13. Alan Vasilevski	MNC Dordrecht	2:16.65 201101509	<b>2:15.27</b>		30.71	1:04.76		2:15.27
14. Finn Knijnenburg	De Columbiaan	2:15.78 201101319	<b>2:15.28</b>		30.78	1:05.82		2:15.28
15. Noah Abdullsada	ZZ&PC De Devel	2:24.61 201002411	<b>2:15.87</b>		29.85	1:03.52		2:15.87
16. Rufus Zorge	De Gooye	2:18.78 201000443	<b>2:17.00</b>		30.57	1:05.41		2:17.00
17. Victor Thijssen	De Columbiaan	2:19.80 201102221	<b>2:17.14</b>		30.78	1:06.07		2:17.14
18. Vishnu Jaivant	WVZ	2:18.96 201003887	<b>2:18.55</b>	FJ 1	32.61	1:08.36		2:18.55
19. Niels Theunisz	De Linge PCG	2:25.12 201002573	<b>2:18.55</b>	FJ 2	31.11	1:05.49		2:18.55
20. Tygo van Berkel	De Geul	2:20.44 201000327	<b>2:20.55</b>		32.17	1:08.76		2:20.55
21. Rens van der Es	De Geul	2:19.02 201000583	<b>2:21.28</b>		31.64	1:07.82		2:21.28
22. Heorhii Bohachov	ZV Westland	2:24.93 201103177	<b>2:24.15</b>		31.97	1:08.51		2:24.15
23. Dylan Jooste	GZC DONK	2:27.03 201003759	<b>2:25.93</b>		32.61	1:09.92		2:25.93
24. Teun Evers	ZVL-1886	2:25.68 201101965	<b>2:30.86</b>		34.02	1:12.58		2:30.86
NG Eli Shields	Niemo Barracuda	2:02.36 201000407						

**Onder 18**

1. Tim Boerefijn	WVZ	1:54.55 200802815	<b>1:57.72</b>		26.83	56.05		1:57.72
2. Daan Borst	Niemo Barracuda	2:06.87 200801435	<b>2:00.67</b>		25.09	55.89		2:00.67
3. Joey Pop	ZV Vlaardingen-Schiedt	2:00.92 200800277	<b>2:01.64</b>		27.56	58.65		2:01.64
4. Alexander van der M.	Blue Marlins	2:03.05 200903251	<b>2:02.24</b>		27.84	58.70		2:02.24
5. Avery Arrindell	ACZ	2:09.33 200902655	<b>2:04.44</b>		27.57	59.54		2:04.44
6. Lucas Bongers	ZOB'66	2:11.39 200800903	<b>2:05.42</b>		28.41	1:00.40		2:05.42
7. Niek Sonneveld	WVZ	2:14.53 200802631	<b>2:06.08</b>		27.56	1:00.24		2:06.08
8. Ivo Bot	Wiekslag	2:05.62 200900509	<b>2:06.16</b>		27.45	59.24		2:06.16
9. Sven Mulder	WVZ	2:04.06 200901655	<b>2:07.49</b>		27.66	1:00.05		2:07.49
10. Art Jin van der Ent	Blue Marlins	2:10.51 200903785	<b>2:10.07</b>		29.38	1:00.99		2:10.07
11. Paul Ruitenbergh	Wiekslag	2:09.57 200900979	<b>2:13.28</b>		28.73	1:02.24		2:13.28
12. Fabrice Poot	De Watervogels	2:14.80 200800757	<b>2:16.19</b>		30.96	1:06.22		2:16.19
13. Thomas Braat	AZC	2:23.87 200802269	<b>2:18.27</b>	S14 606	31.42	1:06.46		2:18.27
14. Emin Karadeniz	WVZ	2:26.95 200804047	<b>2:18.55</b>		29.42	1:04.50		2:18.55
15. Kay Remmerswaal	D.E.S.	2:22.30 200800671	<b>2:19.85</b>		31.62	1:07.16		2:19.85
16. Lars Barendrecht	Niemo Barracuda	2:24.36 200800587	<b>2:20.07</b>		31.20	1:06.82		2:20.07
NG Nathan Creyf	WZK	2:23.79 200903557						

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Alphen a/d Rijn, 29-11-2025

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Programmanr. 2, Heren, 200m vrije slag

18 en ouder

1. Boele Böhm	Blue Marlins	1:49.19	200700739	<b>1:50.00</b>	25.00	53.36	1:50.00
2. Nikodim Markovic	Albion Zwemmen	1:52.72	200700255	<b>1:50.86</b>	25.13	53.04	1:50.86
3. Floris Tanis	Albion Zwemmen	1:54.44	200700005	<b>1:55.06</b>	24.58	53.31	1:55.06
4. Bas Blanker	ACZ	1:57.35	200601497	<b>1:58.80</b>	26.83	56.90	1:58.80
NG Ivo Stolk	Albion Zwemmen	1:47.80	200100615				